

Inside This Issue

Annual Meeting	1
Obituary	2
Spencer Butte	2
Welcome New Members	2
Board Nominee Bios	3
Board Notes	4
Trip Reports	5-14
Lyme Disease	14
Logs on the Trail	14
Upcoming	15
Potluck	16
ExploraTalk	16
Upcoming SOLVE	17
Upcoming Blood/Sweat/Years	17
Calendar	17
Picture of the Month	18

Dates to Remember

Sep 15	ExploraTalk
Sep 25	Potluck
Oct 3	Bulletin deadline
Oct 9	Annual Meeting
Oct 14	Board Meeting

Complete current schedules at:
www.obsidians.org or
Register-Guard – Outdoors – Tuesday

Dues Renewal Time!

Please complete the enclosed renewal form and return with your check as soon as possible. Online banking checks are welcome, too. Please include any contact changes on the form. Thanks for renewing your membership!

Annual Meeting Friday October 9 at 6:30 PM At the Lodge

MEMBERS ARE INVITED TO THE ANNUAL MEETING on Friday, October 9 at the Lodge. A social hour with light refreshments begins at 6:30 PM followed by the meeting at 7 PM. Committees will give brief summaries of their activities and new board members for 2016 will be elected. Read about our new Board nominees on page 3.

Climb, trip, and leader awards will be presented followed by special, often humorous awards. Guests who would like to find out about our club are also welcome.

Lenore McManigal, club historian, and Janet Jacobsen have contacted those who will receive an award. If you would like to check your activity totals, go to the Obsidian webpage and log in. Click on the tab *Trip Reports*. Then choose *Trip Summary* to view your totals. If you have questions, contact:

Trip and Leader Awards: Janet Jacobsen, bjacobsen@comcast.net

Climbs: Maryanne Reiter, mreiter1959@gmail.com

Trail Maintenance: Matt Bell, matthew.v.bell@gmail.com



Darko and Holger show off awards at 2014 Annual Meeting.

Obituary

Ed Lovegren 1931-2015

ED LOVEGREN, A MEMBER SINCE 1963, passed away on August 25 at the age of 84. Ed's first trip with the club was a climb of South Sister and he continued his love of climbing with 90 more climbs of various mountains. He did not limit himself to climbing however, as one of his favorite hikes was the 14 mile Rebel Rock Loop. He led that hike 19 times, a difficult trek which Ed himself sometimes called the 'Rebel Rock Death March'. Ed became a chief in 1964 and he later received the award for leading 50 trips. He participated in 134 activities, the last being in 2008.

An obituary will soon be published in *The Register-Guard*.

Spencer Butte Ribbon Cutting Ceremony Friday, September 18, 1:00 PM

CELEBRATE THE COMPLETION OF THE SPENCER BUTTE TRAIL RENOVATION PROJECT at the official ribbon cutting ceremony with Mayor Piercy, city staff and partner organizations. The public open house follows at 1:30. For more details, check out the poster on the Obsidian website.

Trail Maintenance will schedule a litter pick up hike on Thursday, September 17, the day before the ceremony.



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OBSIDIANS, INC

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Board of Directors

Matt Bell, President
Shellie Roberston, Vice President
Susan Wanser, Secretary
Stewart Hoeg, Treasurer
John Cooper, Sharon Cutsforth, Pat Esch,
Laurie Funkhouser, Tom Musselwhite, &
Elle Weaver

Board meetings are held at 6 PM the first Wednesday of each month, except October when it is the Wednesday after the Annual Meeting. There is no meeting in August.

Committee Chairpersons

Byways By Bus Sharon Cutsforth
Climbs Maryanne Reiter
Concessions Laurie Funkhouser
Conservation/SciEd Tom Musselwhite
Entertainment Susan Wanser
Extended Trips Chris Stockdale
Finance Stewart Hoeg
Librarian/Historian Lenore McManigal
Lodge Building Doug Nelson
Lodge Grounds John Jacobsen
Membership Elle Weaver
Online Wayne Deeter
Publications Lou Maenz
Publicity Jan Jacobsen
Safety Pat Esch
Summer Camp Lana Lindstrom
Summer Trips John Cooper
Trail Maintenance Matt Bell
Winter Trips Anne Bonine

⁷⁴ OBSIDIAN *Bulletin*

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Published monthly except August and December. Articles, story ideas, letters to the editor and other editorial submissions should be emailed to:

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For reprint rights, contact:

The Obsidian Bulletin

P.O. Box 51510, Eugene, OR 97405

Deadline
for October 2015 Bulletin
Saturday, October 3, 2015
July/August Assembly/
Mailing Team

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Team: Tom Adamcyk, Don Baldwin, Janet Hall, Yuan Hopkins Joanne Ledet, Lenore McManigal, and Barbara Schomaker.*

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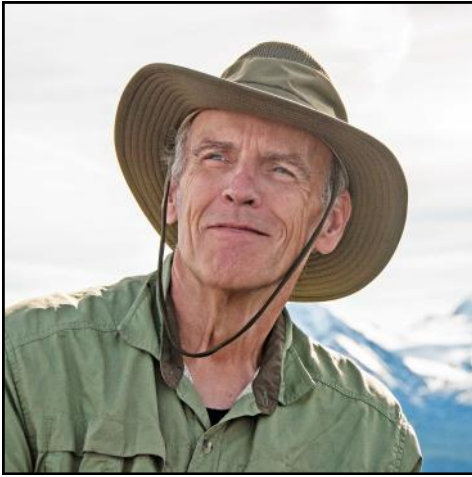
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THE OBSIDIANS FACEBOOK PAGE www.facebook.com/#!/theobsidians

Just click on the link and start using/viewing today!

2016 Board Nominees

David Cooper



AS I APPROACHED RETIRING FROM MY JOB as the electrical supervisor for a wood products facility in 2013, I began thinking about new things to try and old interests to rekindle. Getting outside more recreationally was high on my list. I had known of the Obsidians for some time and they seemed like the perfect means to get some exercise and get back to hiking. My first activity was trail maintenance and I have been a steady member of that crew. After going on a few hikes I was hooked. Since becoming an Obsidian in the spring of 2014, I have gone on over 100 hikes and have been a leader on a few.

I really enjoy the new friends I have made on the trails. I appreciate what I learn from more experienced hikers. Sharing experiences through organized activities is one of the great benefits of being an Obsidian. I'm eager to hear suggestions for places to go, things to do, and how to make the whole process flow smoothly and efficiently.

I'm honored to be nominated for an Obsidian Board position and look forward to increasing my involvement in the organization.

Todd Larsen



MY FIRST OBSIDIANS OUTING WAS A NEW MEMBER HIKE back in the summer of 2010 after I had recently moved to Eugene. During that hike I was told about the trail maintenance outings that the Obsidians performed and started attending them. I have really enjoyed working on the trails over the last several years, and have even led some trail maintenance backpacking trips into the Three Sisters Wilderness. I've also been involved as a member of the trail maintenance committee for the last couple years. One of the other things I enjoy about the Obsidians is the climbs—I'm a climb school graduate and try to go on a few climbs a year to keep my skills up.

I'm honored to be nominated for the board, and excited for what the future holds for the Obsidians.

Maryanne Reiter



I APPRECIATE BEING NOMINATED TO THE BOARD. Thank you. I have been an Obsidian since 2001 and have been the chair of the Climbs Committee since last year. When I first came to Oregon from Minnesota in 1986 I was amazed by the beauty of the mountains but had no idea some flatlander like me could climb them, especially Mount Hood! Then someone I worked with suggested I climb Mount Adams after I remarked how it would be cool to climb a mountain. It was a *walk up* they said. Well *walk up* to a Minnesotan means something completely different than it does out here. So after much walking and staggering up, barely able to breathe, we reached the top. The combination of the effort and view hooked me and I have been climbing ever since. I found out about the Obsidians from Sue Sullivan when I joined Eugene Mountain Rescue in the mid-1990s. Through her I got more involved in Climb School and leading climbing trips for the group. The Obsidians are a great bunch of motivated and dedicated outdoors enthusiasts and I look forward to getting more involved with the group.

Board Notes

By Susan Wanser

President Matt Bell called the meeting to order. Other Board members present: John Cooper, Sharon Cutsforth, Pat Esch, Laurie Funkhouser, Shellie Robertson, Susan Wanser and Elle Weaver. Also present were: Carla Cooper, Dave Cooper, Wayne Deeter, Stewart Hoeg, John Jacobsen, Lenore McManigal, Doug Nelson and Maryanne Reiter.

The Board approved the minutes of the July 2015 meeting.

Treasurer's Report: Stewart Hoeg reviewed the Budget-vs-Actual Report and the Balance Sheet. The Board approved payment of the bills.

COMMITTEE REPORTS

Summer Trips (John Cooper): From April 1 through Aug 27, 108 trips were scheduled with 97 being completed. Participants included 692 members and 105 nonmembers. 38 trips remain on the schedule to be completed.

Climbs (Maryanne Reiter): There were five climbs scheduled for July and August, but two were cancelled due to weather. The completed climbs included Mount Baker, Mount Washington and Three Fingered Jack.

Trail Maintenance (Matthew Bell): There were four or five outings in the past two months. In town, we worked to haul barrier fencing off the butte and cut back vegetation from along the Amazon Headwaters and Ridgeline trails. In the Obsidian Limited Entry Area, the work coordinated by Todd Larsen to install check dams along the unofficial trail through Sunshine Meadow is nearly complete.

Highways and Byways By Bus (Sharon Cutsforth): There were no bus trips in August. The September trip to Yellowstone and Jackson is full with a waiting list. Signups are going well for the October 8th Fall Color trip. We will start planning 2016 trips in October. All ideas are welcome.

Extended Trips (Chris Stockdale): A new trip has been scheduled for May 4 - 6, 2016, when Helen Martz and Jim Duncan will take a group to the Menucha Retreat. Also in May, with dates to be determined, Chris Stockdale will repeat the trip to the Deer Creek Center of the Siskiyou Field Institute.

Conservation, Science, & Education (Tom Musselwhite): The July 28 ExploraTalk by OFDW Biologist Brian Wolfer on bears, cougars, and wolves was attended by 42 people.

Entertainment (Susan Wanser): I will be relinquishing my position as Chair of the Entertainment Committee at the end of this year. Please contact me if you have some interest in taking over this position. It's easier to find speakers than you might think and you get to choose topics that interest you!

Membership (Elle Weaver):

Currently we have 465 total members of which 426 are Active, 14 are Associate, 6 are Honorary, 8 are Junior, and 11 are Life Members. Jim Pierce renewed his membership early and became our 12th Life Member.

Publicity (Janet Jacobsen): Arranged by Travel Lane County, the Association of Bone and Joint Surgeons gave the Obsidians a donation of \$260 for leading the two afternoon

hikes on July 9 & 10 on the Ridgeline Trail. Thanks to the Wednesday hikers, Tommy Young, Dave Lodeeson, Barbara Gunther and Mike Smith for helping Janet Jacobsen with the hikes. Thanks to Darko for posting the monthly events flyer at REI Eugene, Fred Meyer - Santa Clara bulletin board and Eugene, Salem and Corvallis Craigslist. He also posted current photos on the Y Board. We also appreciate the up to date activity flyers on the Obsidian website and the YMCA Bulletin Board.

Concessions (Laurie Funkhouser): Concessions was busy during the summer taking inventory and organizing. We will be at the ExploraTalk on 9/15 and at the potluck on 9/25. We will be busy preparing for an October sale event as well as for the Holidays! Will provide details in the *Bulletin*.

Online (Wayne Deeter): There are now 5,512 photos in 387 albums in the Obsidian photo gallery. From our Facebook page maintainers (Shellie and Marci, Marci reporting): The page now has 409 people who follow the page. The most popular posts continue to be posts that report on climbs after the climb.

Library/Historian (Lenore McManigal): One of our long-time members died last week—Ed Lovegren. His activities with the club were sent to the *Bulletin*. All of the club activities from the July *Bulletin* have been recorded.

Lodge Building (Doug Nelson): The mold stains in the board room have been covered with a mold inhibiting, oil-based paint. We have three new signed rental agreements.

Lodge Grounds (John Jacobsen): July 28—Mowing, weeding and general cleanup for the ExploraTalk. Clara Emlen continues to periodically work on maintaining the beds around the Lodge and other things. Thanks, Clara

Safety (Pat Esch): Lyndell Wilken and I sorted through the contents of the truck First Aid Kit.

NEW BUSINESS

The Board approved all applicants for new membership.

The Board approved an exception to the Constitution in that the voting at the Annual Meeting will be by hand raising rather than by ballots sent to the members.

OPEN DISCUSSION

The City of Eugene is considering allowing mountain bikes on the Ribbon Trail. It is interesting in that the Ribbon Trail currently ends in Hendricks Park where bicycle riding is not allowed. Matt will send a letter to the Eugene City Trail Planning Committee expressing our input after getting input from *Friends of Hendricks Park*.

Matt will complete an orientation package to be given to incoming board members.

Doug Nelson will do an inventory to determine who has keys to the Lodge.

It was agreed that individuals should not accept cash as a gift when associated with an Obsidian event.

Trip Reports & Other Activities



Hikes

Amazon Headwaters/Spencer Butte

June 24, 2015 through August 19, 2015

Leaders: Janet Jacobsen, Mike Smith, Jorry Rolfe

Hike: 6.2 miles, 1,530 ft. (Moderate)

THE HIKERS BY DATE WERE: **June 24**—Members: David Lodeesen, Carla Lyon, Caroline Moore, Mike Smith, Martha Welches. **July 1**—Members: Hilary Fisher, Barbara Gunther, Janet Jacobsen, Tommy Young. Nonmembers: Hope Vaccher, Aliza Vaccher. **July 8**—Members: Hilary Fisher, Barbara Gunther, Janet Jacobsen, David Lodeesen, Carla Lyon, Caroline Moore, Tommy Young. **July 15**—Members: Carla Cooper, David Cooper, Hilary Fisher, Janet Jacobsen, David Lodeesen, Caroline Moore, Jorry Rolfe, Tommy Young. Nonmembers: Anita Pierce. **July 22**—Members: David Cooper, Barbara Gunther, David Lodeesen, Jorry Rolfe, Tommy Young. **July 29**—Members: Rob Castleberry, Carla Cooper, David Cooper, Hilary Fisher, Barbara Gunther, Janet Jacobsen, Lana Lindstrom, David Lodeesen, Carla Lyon, Caroline Moore, Jorry Rolfe, Tom Rundle, Mike Smith, Tommy Young. Nonmembers: Anita Pierce. **August 12**—Members: Carla Cooper, David Cooper, Hilary Fisher, Barbara Gunther, Janet Jacobsen, David Lodeesen, Carla Lyon, Caroline Moore, Jorry Rolfe, Tom Rundle, Mike Smith. Nonmembers: Anita Pierce. **August 19**—Members: Carla Cooper, David Cooper, May Fogg, Janet Jacobsen, David Lodeesen, Carla Lyon, Caroline Moore, Jorry Rolfe, Tommy Young.

Macduff Mountain

June 28, 2015

Leader: Steven Johnson

Photographer: Nancy Allender

Hike: 4.5 miles, 1,260 ft. (Moderate)

THIS HIKE WAS ON THE 84TH ANNIVERSARY of the placement of a brass plaque on the summit of Macduff Mountain to honor Nelson Macduff, a former Obsidian and Forest Service supervisor. We had a bit of difficulty getting to the trailhead as someone had wrapped a chain around the forest service gate to make it appear the road was closed. We were able to remove the chain so we could do our hike. A phone call the next day verified that the gate is supposed to be open. On last year's hike we had almost zero visibility as the summit was in the clouds; however this year the weather was much improved. Although overcast and windy, we had views of the Cascades from Mt. Jefferson to Diamond Peak, which we enjoyed while eating Janet's delicious homemade brownies. Also this trail has an abundance of wildflowers



which were at their peak. At the end of our hike, we added to the day's adventure by having to change out a flat tire on one of our driver's vehicles. It was a great hike and memorable day. Members: Nancy Allender, Chuck Gibson, Janet Jacobsen, Ellen Johnson, Steven Johnson, Holger Krentz, Kathy Randall, Rich Romm, Tom Rundle, Darko Sojak.

Lowder Mountain

July 5, 2015

Leader: Lana Lindstrom

Photographer: Kathy Randell

Hike: 5.6 miles, 900 ft. (Moderate)

IT WAS COOLER ON THE TRAIL than the 95 degrees in Eugene, especially because there was a light breeze! Most of this hike is in the shade, although there are a few meadows.



We missed the peak of the wildflowers, but some were still in full bloom. Particularly vibrant were the coneflowers, scarlet gilia, and tiger lilies. In about two weeks, the thimbleberries will be delicious. From the top, we could see from Mt. Hood to Mt. Bachelor. Thanks very much to Kathy and Michael for driving. Members: Nancy Allender, May Fogg, Judy Garwood, Richard Hughes, Lana Lindstrom, Kathy Randall, David Reinhard. Nonmembers: Barbara Kay Cosby, Tonya Cronkright, Michael Heidelberg.

Obsidian Loop

July 5, 2015

Leader & Photographer: Mike Smith

Hike: 12 miles, 2,000 ft. (Difficult)

THIS WAS AN INTERESTING TIME TO SEE THE OBSIDIAN LOOP. All sorts of wildflowers were in bloom, as if this was their one chance, which it was, and they better bloom now. There was water in the creek below Obsidian Falls, but the creek by the volcanic area was completely dry and had been for some time. The lakes still had water, but many will dry



up. There were at least 13 other people we saw, some coming in to backpack, others leaving. Lunch at the falls is always good, although I discovered new ways to ruin a camera, not only by having it roll downhill once ...but twice. It was a good group who enjoyed the wildflowers and the first time into the high country. The warm temperatures in Eugene were moderated significantly at 6,000 feet in the shade. With some wind, it was actually quite pleasant. More than one person expressed a desire to spend the night there. If you want to see the wildflowers up there, go soon. They will be gone in a couple of weeks. I was very happy to see two people complete their second Obsidian hike, and the group really made my job as leader easy. Members: Lisa Grissell, Barbara Gunther, Janet Jacobsen, Daphne James, Ernst Schwintzer, Art Skach, Mike Smith, Meg Stewart Smith. Nonmembers: Jacquie Fern, Laura Osinga.

Tahkenitch Dunes and Creek

July 7, 2015

Leader: Janet Jacobsen

Photographer: Steven Johnson

Hike: 8.4 miles, 710 ft. (Difficult)



EIGHT OF US EXPLORED POSSIBILITIES of combining the Tahkenitch Creek Trail with a walk on the beach to Three Mile Lake. It was quite the adventure when we took a wrong turn, scrambled through vegetation, and eventually headed to the beach avoiding the snowy plover nesting area. While eating lunch, we watched whales spouting close to the shore. After our hike, we drove to the nearby Oregon Dunes day-use viewing platform to watch more spouting whales and to make future plans to cross Tahkenitch Creek in order to make the beach walk even longer. Members: Janet Jacobsen, John Jacobsen, Ellen Johnson, Steven Johnson, Rich Romm, Tom Rundle, Barbara Theus, Tommy Young.

Chucksney Mountain

July 11, 2015

Leader & Photographer: Randy Sinnott

Hike: 10.3 miles, 2,000 ft. (Moderate)

THE TRAIL TO CHUCKSNEY MOUNTAIN begins at Box Canyon trailhead on Aufderheide Road (FS 19) and climbs a loop to the summit ridge, a divide between the McKenzie and Willamette drainages. We opted to take the loop counterclockwise which gets the 2,000 foot elevation gain quickly behind you. The trail is faint in many spots, overgrown



with grasses sometimes, and pushing through short stretches of thickets at others, but easy enough to follow. A most interesting feature is the variety of forest habitat and plants encountered. Large fir and hemlock stands gave way to grassy openings, a curiously small quarter acre burn site (lightning caused?), an arid stretch of smaller, widely spaced trees, and ultimately, a rocky, wind-swept ridge, where we had lunch for half an hour. The west-facing slope of the ridge was burned long ago, but many denuded gray snags are still standing and the acreage involved was small. Perhaps another visit by lightning? The trail continues along a ridge for over a quarter mile. Except for the low clouds, we might have enjoyed views of the Sisters and Diamond Peak. Bear grass grew over our heads along much of this stretch, most of it past peak bloom. Rocky sites made for gardens of scarlet gilia, paintbrush and pearly everlasting. We hiked a short section of trail where well-spaced conifer was growing on a grass covered slope. The sun made appearances. At about the halfway point, we started down through more old growth fir with an open understory and crossed the headwaters of Box Canyon Creek. Huckleberry was everywhere in places with some already fruiting. This entire area is excel-

lent bear habitat, which the many large piles of scat attested to. We encountered only one other hiker in five hours. Chucksney is certainly an excellent vista and wild flower hike if done at the perfect time. A consensus among the nine of us—great hike! Thanks to everyone who took part. Members: Laurie Funkhouser, Steven Johnson, Holger Krentz, Patty Morrow, Tom Rundle, Randy Sinnott, Sue Wolling. Nonmembers: Noah Lee, Laura Osinga.

Olallie Mountain

July 12, 2015

Leader: Judy Terry

Photographer: Darko Sojak

Hike: 7.2 miles, 1,200 ft. (Moderate)

WE HAD A NICE EARLY START and the weather stayed cooperative all day (no thunder storms). Peter educated us about several flowers, and events that shaped trees. Berries



abounded and the brisk walk up occasionally turned into a foraging hike. Darko cannot pass up a ripe berry! The trail after the right turn to go to Olallie Mt. was often covered with foliage and the bear grass (finished blooming) was prolific and very tall. At the top, we were able to see many of the Cascade Mountains. Thanks to Kathy and Frank for driving. Members: Dan Christensen, Judy Garwood, Kitson Graham, Peter Graham, Frank Lulich, Kathy Randall, Darko Sojak, Guy Strahon, Judy Terry. Nonmembers: Cindy Miller.

Opie Dilldock via Obsidian Loop

July 18, 2015

Leader & Photographer: Steven Johnson

Hike: 20 miles, 2,500 ft. (Difficult)

WHAT A GREAT DAY FOR A HIKE! While the forecast called for 96 degrees in Eugene, we stayed cool with temperatures in the 70s. We started at the Obsidian Trailhead and hiked East on the Scott trail. Our first stop was at Four-in-One Cone, where we made a quick jaunt to the top for photos. Afterward we connected to the PCT then continued south toward Opie Dilldock Pass. For lunch we enjoyed the views from Collier Glacier moraine and some of us hiked up Collier Cone. After lunch, we headed down to where the PCT joins the Obsidian Trail and hiked south to the start of Granite Creek, where everyone filled their depleted water bottles

with the very cold and clear spring water. We then scrambled up to Arrowhead Lake from the east, where four of us went for a cold but refreshing swim. We left Arrowhead Lake by heading west down a scramble trail that connects



with the PCT at Sister Springs above Obsidian Falls. We arrived back at the Obsidian Trailhead at 7:30 after about 11 hours and 20 miles of hiking, where we all enjoyed some of Janet's homemade applesauce. Members: Rob Boese, David Cooper, Laurie Funkhouser, Lisa Grissell, Janet Jacobsen, Steven Johnson, Kathy Randall, Rich Romm, Tom Rundle, Randy Sinnott, Elle Weaver. Nonmembers: Laura Osinga.

Black Crater

July 19, 2015

Leader & Photographer: Mike Smith

Hike: 7.4 miles, 2,500 ft. (Moderate)

WE HAD A GROUP OF FOUR and got to the trailhead just before 10:00. Perhaps the drive in is a little better, but do drive slowly from 242 to the parking area. It was a fast group, and we spent an hour on top on a clear day that was windy



enough that the sweat actually felt cold, which is a nice feeling in July! There had been some rain in the past, so the trail was not too dusty and there were wildflowers. We had good views from Mt. Hood to Broken Top and there were some fellow Obsidians up top when we arrived. We had a safe trip back, although we saw one car off the road on 242. It was a hot day in the valley, but very nice in the mountains. The net height gained is 2,160 feet, significantly lower than the 2,500 quoted. I think I noted this before. The round-trip distance is 7.5 miles. This is a moderate hike with a good trail. Members: Don Doerr, Mike Smith, Kimberly Van Winkle.

Nonmembers: Roy Ward.

PCT Santiam/McKenzie Passes

July 25, 2015

Leader: David Cooper

Photographer: Holger Krentz

Hike: 17.1 miles, 1,300 ft. (Difficult)

IN ANTICIPATING THIS HIKE, a big concern had been the summer heat and lack of water sources on the trail. As it turned out, our day was cool and comfortable. Our group of eight started at the Old McKenzie Highway and traveled through lava beds, alpine forests, and several burn areas in various stages of rejuvenation. There is a kind of stark



beauty to be seen where the new green forest floor rises among dead, charred snags. We met PCT thru-hikers on our way to the trailhead at Highway 20. There was also a chance to meet and thank a group of volunteers doing PCT trail maintenance of this section. At the end of the day, we were all glad to say we had hiked *highway-to-highway*. We were also glad to see our drivers. A special thanks to Richard, Carla, Kathy and Darko, who enabled us to do this hike without a key exchange or having to shuttle cars. Members: David Cooper, Betty Grant, Jennifer Haynes, Janet Jacobsen, Holger Krentz, Lana Lindstrom, Becky Lipton, Tom Rundle.

Santiam/McKenzie PCT Support Hike

July 25, 2015

Leader: Carla Cooper

Photographer: Darko Sojak

Hike: 5 miles, 200 ft. (Easy)

THIS HIKE WAS PLANNED in order to provide the McKenzie Pass to Santiam Pass hikers with transportation to and from their trailheads. This meant we would have a casual day. We dropped the hikers off at 8:30 AM and headed down to Sisters. A PCT thru-hiker requested a ride down from Dee Wright Observatory. We enjoyed talking to him over breakfast; he was on his 109th day and was looking forward to a rest day in Sisters. After breakfast, we headed up to Lower Canyon Campground on the Metolius River where we took the 2-1/2 mile trail along the river to the Wizard Falls Fish Hatchery. Here we explored the Coho salmon and trout holding ponds. As we ate our lunch, a bald eagle kept watch from a snag across the water. Soon it was time to head back up the river to go meet our riders from the other hike. Mem-

bers: Carla Cooper, Kathy Randall, Darko Sojak.



Three Mile Lake

July 26, 2015

Leader: Jane Hackett

Hike: 7 miles, 600 ft. (Moderate)

FIRST, I HAVE TO THANK BRIAN FOR DRIVING. Everyone got to go. Considering it was quite warm in Eugene, the coast was perfect. It was in the 70s with no wind. We hiked out to the beach and the first thing I noted was the west side of the fore-dune was fenced off for the snowy plover for miles both north and south. We spent about two hours on the beach before picking up the trail that took us to the north end of Three Mile Lake. I have to remind myself that the trail leading to Three Mile Lake is about 1.5 miles down the beach. The fence put up for snowy plover is open so you can pick up the trail. We all enjoyed the cooler temps and a good day at the beach. Members: Nancy Allender, Jane Hackett, Yuan Hopkins, Brian Popowsky, Barbara Schomaker, Michelle Tambellini.

Waldo Mountain

July 26, 2015

Leader & Photographer: Randy Sinnott

Hike: 8.8 miles, 2,000 ft. (Difficult)

THIS TRIP WAS BILLED AS UNDER NINE MILES but resulted in nearly thirteen final miles. Side ventures were proposed to take in nearby sights such as Elbow Lake, Salmon Lakes, and Salmon Creek Falls. In the spirit of discovery, everyone was on board with these side trips. From the trailhead, we climbed through old growth forest to the summit lookout 2,000 feet of elevation later. It wasn't staffed as I had anticipated. Instead, we had the quiet summit to ourselves. The summit was wrapped in cloud, but this looked to be breaking up. We chose to hang out half an hour and were rewarded with larger and grander vistas as the cloud cover lifted.

As Waldo and numerous distant buttes became visible, we watched a handsome golden-mantled ground squirrel feed on tall stalks of bear grass. Climbing the stalk, the squirrel fed his way up until the plant bent under his weight, then continued to feed hanging by his forepaws until he lost his grip and fell. Continuing, we followed the Waldo Mountain ridge down toward Waldo, stopping to have lunch at King Lake. We also visited Elbow Lake, a few hundred yards from Waldo itself. An adult bald eagle was circling Elbow Lake keeping the resident ducks agitated. The return hike



took us along the base of Waldo Mountain to Waldo Meadows. Tall hellebore and cone flower grew up through the bracken, but most of the bloom was over. From the meadows, we took a half-mile detour to Salmon Lake where we found a secluded, tidy campsite with a nearby waterfall. A short two and a half miles from the meadows we were back at the car, glad to have seen so much of Waldo's splendid wilderness. Members: Jorry Rolfe, Randy Sinnott. Non-members: Tom Etges.

Scott Mountain/Benson Lake

August 8, 2015

Leader: Sue Wolling

Photographer: Holger Krentz

Hike: 10 miles, 1,300 ft. (Difficult)

A CLOUDY MORNING IN EUGENE gave way to clear blue skies in the mountains. We drove up the twisting Highway 242 and another 1.5 miles on a heavily pot-holed gravel road to discover an astonishing number of cars parked at Scott Lake. Once we were on the trail though, we rarely saw anyone. We hiked up a gradual grade, carefully stepping over numerous exposed tree roots, to a stunning view of deep blue Benson Lake. After a group photo op, we continued another mile or so to Tenas Lake, which was equally beautiful in an aquamarine color. Only one of the Tenas lakes had water, but there were numerous shallow dry meadows/lakebeds that must breed mosquitoes by the thousands in early summer. We continued onto the Scott Moun-

tain trail for a steep, but short and shady ascent to the site of a former lookout at the summit. Lunch was in the sun with the Three Sisters right in front of us, and views of Mount Jefferson, Three-Fingered Jack, and Mount Washington to our left. It was a dusty descent down to the Scotty Way Trail, which led us down toward Hand Lake to complete a 10-mile loop. Those of us who had hiked this loop last year were astounded to walk alongside a very large dusty lakebed, where there had been a beautiful blue lake before.



Scott Lake itself still had water for the many campers there, but it was a shrunken version of itself, and looked as if it might dry up completely before summer ends. It was a dusty, but beautiful hike for a nice August day. Members: Carla Cooper, David Cooper, Judy Garwood, David Hawkins, Hazel Jones, Jerry Jones, Holger Krentz, Jorry Rolfe, Ernst Schwintzer, Sue Wolling.

Canyon Creek Meadows

August 9, 2015

Leader: John Cooper

Photographer: Holger Krentz

Hike: 7.5 miles, 1,400 ft. (Moderate)

A LONG DRIVE ENDING WITH A WASHBOARD ROAD took eleven of us to Jack Lake and the start of the Canyon Creek Meadows hike. The weather was dry, the sky was partly



cloudy, and it was not overly hot. Normally, this time of the year the meadows would be ablaze with wildflowers, but the early spring and hot July had already put an end to most of the wildflowers. Our group headed left up the loop to the

trail spur that took us to the North Meadow. There, we sat under the towering cliffs of Three Fingered Jack and had lunch. Tom Rundle gave an interesting and informative talk on the geology we were seeing. From there, we all proceeded up the steep scree trails to the saddle. Now we could really see Three Fingered Jack and the Three Sisters as well. We took a more diagonal descent and all made it safely down. Back at where we left the loop, we went left. Here, the forest fire from 2003 gave us a beautiful, but eerie landscape to admire. For the first time on the hike there was, by the trail, running water in a stream bed with some wildflowers. Hurray! The path took us through patches of huckleberries as well as we made our way back to the cars. Members: Nancy Allender, Keiko Bryan, Carla Cooper, David Cooper, John Cooper, Barbara Gunther, Michael Heidelberg, Holger Krentz, Caroline Moore, Tom Rundle. Nonmembers: Lamonte Smith.



Bike Trips

Siuslaw Falls

July 10, 2015

Leader: Patricia Esch

Bike: 24 miles, 200 ft. (Moderate)

I PLANNED A SHADY RIDE EXPECTING A HOT JULY DAY, and it turned out to be cloudy and cool, excellent for a ride. We made a stop at the BLM tree farm driveway, where I lamented the removal of their wild horses because they ate visitors' windshield wipers. Since most of the road runs through forest (only a few logging trucks), we took a little side trip part way down a side road that had farms and homes. After crossing a couple of bridges across the Siuslaw River (which is creek-sized here), we passed the entrance to the Siuslaw Falls Road, went up the road a ways, then returned to the falls for lunch. On the return ride, we stopped to pick up trash that had fallen off someone's truck, but had to leave it piled up along the road having no safe way to carry it. Sadly, the Lorane store was closed until further notice, so we missed having ice cream. Members: Barbara Aten, Anne Bonine, Barbara Bruns, Clara Emlen, Patricia Esch, Kathy Hoeg, Jack O'Donnell, Eric Swegles, Judy Terry. Nonmembers: Joe Sanders.

Row River

July 19, 2015

Leader: Guy Strahon

Photographer: Holger Krentz

Bike: 30 miles, 200 ft. (Moderate)

TWELVE BRAVE SOULS RODE THE ROW RIVER TRAIL on a HOT Sunday. It was going to be a hot day (90s +), but we rode anyway knowing a cold watermelon was awaiting us upon completion! Darko, Nancy and I saw a mother deer

and two very little fawns in the first 20 minutes of the ride, but not much wildlife after. There is a construction project underway to run the bike trail under a busy highway that bisects the trail. That will really help to make the ride safer.



Everyone seemed happy with the beauty of the lake and the surrounding countryside. The group consumed a WHOLE watermelon when we returned to our cars. Members: Nancy Allender, Barby Bakke, Barbara Bruns, Clara Emlen, Patricia Esch, Holger Krentz, Mary Marshall, Darko Sojak, Meg Stewart Smith, Guy Strahon, Judy Terry. Nonmembers: Alice Krentz.



Byways By Bus

Wildwood Recreation Area & Salmon River

June 30, 2015

Leader: Barbara Beard, Assistant: Paul Beard

Photographer: Sharon Cutsforth

WITH THE PROMISE OF A VERY WARM DAY, twenty-six riders left Shopko parking lot at 8:00 AM to explore the last few river miles of the Salmon River. The headwaters of this pristine river begin just south of Timberline Lodge at Trillium Lake, flowing southwest about 35 miles to confluence with the Sandy River. The river flows through some much protected areas of the Mt. Hood National Forest. Most of the river can only be seen via hiking or kayaking and to kayak the river a permit must be obtained. As we had several folks using walkers or canes, this left exploring that part of the river out for us. The Wildwood area is located just west of Welches off Highway 26. Traveling in a scenic area aboard a 45 foot bus high off the ground gives one a sense of relaxation while viewing the countryside over the tops of cars and trucks. The leaders of the trip, Paul and Barb Beard, were amazed that out of the 26 riders no one had been to the Wildwood before, not even the driver. A coffee break was held at the Canby exit, then turning east, we wound our way through the foothills of the Cascades, following the Clackamus River, then the Sandy River, onto the Salmon River with many views of Mt. Hood in

the background. The rolling hills, beautiful Christmas tree farms, golf courses and vineyards gave us a feeling like we might be traveling through Kentucky, Tennessee or South



Carolina (sorry, Dick—we just didn't have time for a round of golf). Our air-conditioned bus kept us cool and comfortable. The cool freshness of the river and huge trees welcomed us with wonderful smells of the lush forest and cool sparkling water cascading over the rocks. The asphalt trails with picnic tables and viewing benches allowed special sights of the river which was a delight for many. We enjoyed our lunch along the river and the fish viewing area of trout and salmon in their natural habitat. We only found little ones, but where there are little ones, big ones have been there too! Our very diverse group on this trip originated from as far away as Springfield, Massachusetts to downtown Manhattan, the Bronx, Texas, southern California and lots of places in between. It was great to travel and make friends from so many different places. We all kept cool the entire day in spite of the 99 degree weather. Our elevation variances ranged from 350 to 4,000 feet. Salmon River has a lot to offer: hiking, swimming, wetlands area, walkways with good signage, and kayaking for the experienced (suggest you go with a guide). If any of you kayakers make the trip, take pictures as I'm sure we would love to see them. Our last stop was the Bauman Farm at Brooks. This also was a first experience for several riders. We all bought delicious goodies, even Obsidian berries—specially grown by Bauman Farms. They are absolutely delicious. Try some next time you are shopping at Bauman's in June or July. Members: Thomas Adamcyk, Ethel Allen, Bill Arthur, Barbara Beard, Paul Beard, Paula Beard, Mary Lee Cheadle, Sharon Cutsforth, Rose Mary Etter, Donna Halker, Marge Hislop, John McManigal, Lenore McManigal, Barbara Payne, Don Payne, Judy Phelps, Janet Speelman, Richard Speelman, Mary Ellen West. Nonmembers: Helen Liguori, Sharon Gadowski, Lee Altschuler, Bill MacMaster Sr, Judy Allen, Jerry Corbin, Barbara Wallace.

More Food IV

July 16, 2015

Leader: Mary Ellen West

Photographer: Sharon Cutsforth

THE BOUNTY OF THE FERTILE WILLAMETTE VALLEY was clearly on view for the More Food IV trip. Eating locally-sourced food has come back into vogue and was evident on our five farm visits. Our first stop was the new Camas Country Store on the Hunton Family Farm near Junction City. It sits beside the local white one-room school house moved there several years ago

and now used for group functions, including our morning coffee break. Moving the store to the farm gives the mill the opportunity to expand and to handle milling for a major bread company. Three new Danish mill stones are currently on their way to the mill. Our shoppers inaugurated the store with purchases of various flours, grains, beans, mixes and bird seed. Being able to buy grains locally grown is new in the last ten years. The second stop was Groundworks Organics on River Road. This farm distributes organically grown produce to specialty grocery stores, farmers markets, CSA participants, restaurants and their own farm stand Thursday through Sunday. Located on 125 acres, the farm harvests by hand: traditional, heirloom and root vegetables, ethnic specialty crops, salad and other greens, dry beans, herbs, orchard fruit and berries. The third stop was Lavender Lakes Farm north of Monmouth on Highway 99 W. This Roberts Family Farm has over 12 acres of lavender varieties developed by Dr. Don Roberts. The lavender smell was very pleasant as we had our lunch under the trees near the blooming fields. Lavender lemonade was provided—a tasty liquid for a warm day. Dr. Roberts explained the distilling process resulting in essential oil and his grandson showed us the distillery producing it. We visited the large retail store that is open year-round with a huge variety of all things lavender. Stop number



four was the Willamette Valley Cheese Company located just north of Salem. We passed many vineyards and hazelnut orchards on the back roads to the cheese company. Here the cows are on the farm next to the creamery so the entire process happens right there. The large variety of handmade cheeses from Willamette Valley Cheese has won many national and international awards. Our final stop was the Horse Creek Farm on Peoria Road at the Irish Bend junction. This family farm has been in operation since the early 1900s. It started as a small table with an honor system for payment. It is bigger now, but not by a lot. The peaches smelled ripe and luscious as we shopped among the fruits, berries, vegetables, refrigerated pork, beef and eggs, jams and oatmeal cookies. Our special treat was an oatmeal cookie made with grains, dried fruit and eggs from the farm. Enjoying food as close to nature as possible were: Members: Thomas Adamcyk, Ethel Allen, Bill Arthur, Barbara Beard, Paul Beard, Barbara Bruns, Mary Lee Cheadle, Sharon Cutsforth, Pat Dark, Rose Mary Etter, Janet Jacobsen, John McManigal, Lenore McManigal, Rose Marie Moffitt, Barbara Payne, Don Payne, Judy Phelps, Virginia Prouty, Janet Speelman, Marian West, Mary Ellen West. Nonmembers: Jean Blankenship, Mindy Hollenbeck, Pat McCormick, Pete Ferrero, Deborah Broeker, Barbara Wallace, Virginia Burg.



Climbs

South Sister

June 13, 2015

Leader: Wayne Deeter, Assistant: Bob Kaminski

Climb: 12 miles, 5,000 ft.

UNUSUALLY LOW SNOW THIS YEAR made for a quicker, easier hike into Green Lakes. The logs across the large lake out-flow were in disarray so we forded the creek. We camped on the ridge above the lakes near the waterfall. Several of us hiked back down to collect water from the big spring. Despite our late start (6:30 AM) and the warm weather, crampons would have been useful. We enjoyed views north to Hood and Adams and south to Thielsen and Scott from both the rappel point and the crater rim. After descending the red ridge and rounding the lake below the Lewis Glacier, we quickly glissaded back to camp. Bob, my assistant, led Chris and Trina back to the cars that evening while Casey and I choose to stay an extra night. Members: Wayne Deeter, Bob Kaminski, Chris Melton. Nonmembers: Casey Janz, Trina Kanewa.

Mt. Whitney

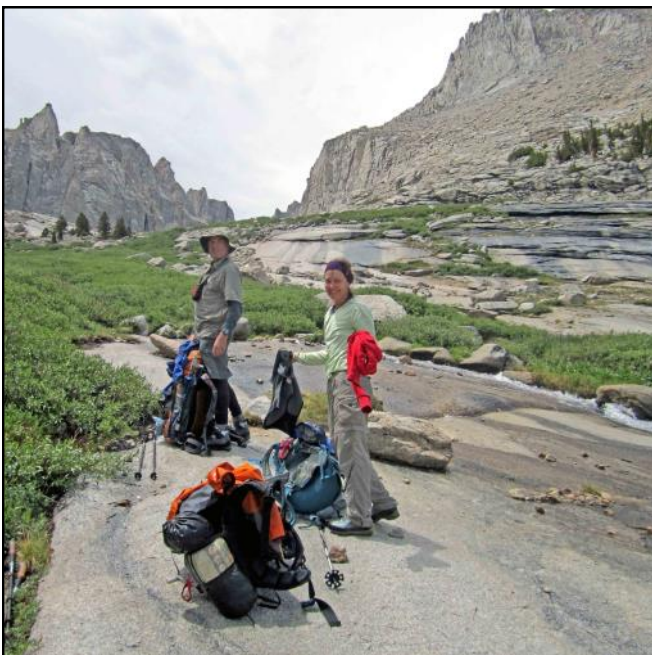
June 28, 2015

Leader: Brian Hamilton, Assistant: Juli McGlinsky

Photographer: Brian Hamilton

Climb: 10 miles, 6,140 ft.

THE EFFECTS OF CALIFORNIA'S PROLONGED DROUGHT were evident on this trip to the eastern Sierra Nevada Mountains. There was very little snow in places where we expected it, like at Iceberg Lake at an elevation of 12,621



feet. Populations of rodents and fish seemed to be drastical-

ly reduced from when the leader visited the area five years ago. On a previous trip, marmots were everywhere at Upper Boy Scout Lake and we could see many 16 to 18-inch rainbow trout in the shallows of the lake. On this trip we only saw three marmots and the largest fish in the lake appeared to be about ten inches long. This was still beautiful country however, and it seemed to be peak season for wildflowers everywhere we went, even at over 13,000 feet. For our attempt of the Mt. Whitney Mountaineer's Route, we began at the Whitney Portal trailhead where scales are conveniently located so climbers can weigh their packs. As Juli said, "No good can come from this!" We now understood how heavy our packs were and began to hike and scramble our way to Upper Boy Scout Lake to set up camp on Monday afternoon. At 11,345 feet, our camp was 95 feet higher than the summit of Mt. Hood and just taking a breath was hard work since we live so close to sea level. Tuesday was our rest day, when we had planned to acclimate to the altitude. Instead of resting much, we set out to climb 14,094 foot Mt. Russell (California's 7th highest peak), just north of Mt. Whitney. After a long scree slope and a slog to the east ridge, we reached the east false summit. The final few hundred feet of our ascent would have included scrambling over a knife-edge ridge with a 2,000 foot vertical drop-off on the south side, and up to the west summit. With storm clouds brewing around us, we did not want to be caught on the exposed rock if lightning struck so we turned around and headed back to camp. On Wednesday, we awoke at 3:30 AM to see a spectacular lightning display over Death Valley to the east. Although the storm appeared to be headed our way, we hiked to Iceberg Lake and the beginning of the chute leading to the final scramble to Whitney's summit. Roy had a detailed weather forecasting app on his phone and just as it predicted, the storm soon closed in on us and forced us back down to our camp. After a short rest, we packed our wet gear and hiked out to the trailhead. On our drive home, we stopped to camp near Bishop and on Thursday morning, we visited the South Tufa tower formations at Mono Lake before eating breakfast at Whoa Nellie Deli in Lee Vining. Although we did not reach either summit, it was a great trip and we'll try those peaks again. Members: Brian Hamilton, Roy McCormick, Juli McGlinsky.

Mount Baker Coleman Deming Route

July 17, 2015

Leader: Alexander Ellis

Climb: 11 miles, 7,200 ft. (Difficult)

AT SOME POINT WHILE PLANNING THIS TRIP, we realized that everyone coming along was game to try and climb the route car-to-car. We drove up on Friday and got to bed early in the evening to get ready for the big push. Sleep was interrupted by several mosquitoes and one sheriff's deputy. We left the Heliotrope Ridge trailhead at 1:20 AM on Saturday. Two hours later, we were roping up at a snowless terminal moraine of the Coleman Glacier. As we chatted with another car-to-car party we had caught up to on the approach, a compact car-sized block of ice rolled past, much closer than we'd have liked. One of our party decided to turn back here and the other four decided that since it seemed to be a block calving off the bottom of the glacier, it was worth seeing if things were more stable higher up (they

were). We set off, not following the established boot pack, with the other party following us in the dark. While online trip reports and the ranger station had spoken of a circuitous route and poor route conditions, we found a stable, relatively direct line most of the way. As reported, it was September on the glacier this July. There was a lot of crevasse jumping, and a few times, our feet punched through snow bridges over the smaller cracks. The weather was bluebird until we hit the Roman Wall around 9,300 feet. Above that, we had high winds and low visibility. When we hit the viewless summit, we turned back immediately, saving our summit treats for the relative shelter of the ridge between the Coleman and Deming Glaciers. Car-to-summit in eight hours, car-to-car in under 14 hours. On Sunday, by the maxim that one should climb at least as many days as one drives, a secondary mission objective was in order. We stopped at Mt. Erie in Anacortes, WA, where we did some top rope rock climbing overlooking the San Juans and the Olympic Mountains. Good times! Members: Alexander Ellis, Danneille Harris, Marge Huseman, David McAllister, Richard Partridge.

Extended Trips

Orcas Island, San Juans

June 20, 2015

Leader: Lana Lindstrom

Photographer: Pat Soussan

Extended Trip: 4 miles, 400 ft. (Moderate)

THE 39 PARTICIPANTS made this multi-sport mini-camp a smashing success! Twenty-four kayaking, biking, and hiking trips were led during the four full days we spent at the Moran Environmental Learning Center on Orcas Island—wow! In addition, most folks attended an informative and interesting organ concert and slide show at Rosario’s Resort. And most watched the sunset from the top of Mt. Constitution on the Solstice; five folks woke up at 4:30 AM to watch the sunrise. Sleep was generally in short supply for most of the trip!

Some of the highlights:

- the ferry journeys to/from Anacortes and Orcas, Lopez, and San Juan islands
- stretching our limits by biking or paddling longer and harder than we usually do
- hiking Turtleback Mountain and in Moran State park
- the panoramas from mountain tops: many, many islands in the San Juans
- the wildlife: sea creatures, many eagles, herons, a fox, raccoon, orcas, swallows
- learning about the history of the San Juan Islands—lime kilns were important
- visiting various artists’ facilities on both Orcas and San Juan Islands
- seeing orcas from the ferry and the San Juan Island shore

- exploring the historical sites on San Juan Island—English and American camps, Lime Kiln State Park, and the area around Roche Harbor, including multi-million dollar yachts
- watching five hungry baby swallows fed by their parents right outside the dining room
- the gentle doe who regularly wandered around our camp
- kayaking, canoeing, or swimming at the nearby lake
- seeing the sun rise and the sun set on the Solstice
- presentation by Marta, Friends of Moran State Park on the history and importance of the Salish Sea
- fabulous dinners prepared by Scott and Mandy Gilbert: wild salmon, vegetarian lasagna, fajitas, meat-loaf/lentil loaf, and pizza
- access to a walk-in refrigerator and freezer; breakfasts, lunches, and cold drinks were easy

Thanks very much to the leaders who coordinated so many



trips, especially those leading for the first time: Barb Beard, Anne Bonine, Jake Bradshaw, Margaret Essenberg, Richard Essenberg, Joella Ewing, Betsy Halpern, Scott Hovis, Richard Hughes, Janet Jacobsen, Daphne James, Diane Jeffcott, Brenda Kameenui, Lana Lindstrom, Lynn Meacham, Randy Sinnott, Diane Schechter, and Sam Tracer. A huge thanks to the folks willing to be leads and work every day: Jorry Rolfe and her helpers for purchasing and setting out hors d’oeuvres; Darlene Mancuso—morning dishwashing; Barb Beard—evening dishwashing; Judy Ness—setting up and serving dinner; Richard Hughes, Java Brewmaster, and Sam Tracer—providing the wood and maintaining the camp fire. Members: Barbara Aten, Marjean Austin, Patricia Bean, Barbara Beard, Paul Beard, Paula Beard, Anne Bonine, Jake (Gail) Bradshaw, Patricia Esch, Margaret Essenberg, Richard Essenberg, Joella Ewing, Bea Fontana, Laurie Funkhouser, Jane Hackett, Betsy Halpern, David Hawkins, Scott Hovis, Richard Hughes, Janet Jacobsen, Daphne James, Diane Jeffcott, Brenda Kameenui, Lana Lindstrom, Patricia Mac Afee, Darlene Mancuso, Helen Martz, Lynn Meacham, Judy Ness, Judy Newman, Jorry Rolfe, Diane Schechter, Randy Sinnott, Pat Soussan, Chris Stockdale, Sam Tracer, Michael Wolf. Nonmembers: Tim Bradshaw, Kelly Donegan.



Trail Maintenance

Sunshine Meadow

July 6, 2015

Leader: Todd Larsen

Trail Maintenance: 10 miles, 2,000 ft. (Difficult)

WE LEFT EUGENE AROUND 7:00 AM for a one-day trip into Sunshine Meadow in the Obsidian Area off of McKenzie Pass. Around 9:00, we had all our tools loaded up and were headed up the trail, reaching Sunshine Meadow around 11:30. After checking out previous check dams that were placed, we took a quick lunch before getting right to work. We were able to install 30 check dams in the upper area of Sunshine Meadow before heading back down at 3:45 PM. We estimated that we would only need around another day or so to finish the entire project at Sunshine! Members: Matthew Bell, Todd Larsen.

Lyme Disease

Kelly Donegan

WHEN I ATTENDED THE RECENT ORCAS ISLAND CAMP, I was concerned to find that many folks didn't realize that Lyme disease, as well as other pathogens transmitted by the same tick species, is now common in the Pacific Northwest. As someone who was originally misdiagnosed and now suffers from chronic Lyme disease, I wanted to alert the Obsidian club members, whose outdoor activities will increase their exposure, to some important information about Lyme disease. The Lyme disease website provides what I think is the most accurate and valuable information: www.lymedisease.org/lyme-basics/co-infections/about-co-infections/

One of the most important things to know about Lyme disease is the following: immature ticks are very small, about the size of a poppy seed, and may go unnoticed. In addition, many people do not react to the bite with the characteristic bulls-eye ring. The test used by most doctors (an

ELISA) is only accurate for a small window of time, as the antibodies need to build up following the bite, and are later suppressed and fall below the detection limit. Therefore many people will receive a false negative from the ELISA test. Also, Lyme disease is called the *great imitator* because of the wide variation in how the disease is manifest in each person. Many folks with Lyme disease have been told they have M.S., lupus, rheumatoid arthritis, fibromyalgia, chronic fatigue syndrome, depression; anxiety or even dementia. The other pathogens carried by the tick (commonly *Bartonella*, *Babesia* and *Ehrlichia*) can also cause serious damage to the body and the mind and a doctor may not test for these.

The good news is that early diagnosis and treatment of Lyme disease, and any co-infections, is very successful. This is why it is very important for everyone to be on the lookout for them and know when and how to seek treatment. Once the disease goes chronic, it is very difficult to treat and to have a successful recovery.

Logs on the Wilderness Trails

Barb 'Bub' Theus

DO YOU EVER WONDER WHO CUTS ALL THOSE LOGS on our wilderness trails when chainsaws are not permitted? The Forest Service is responsible, but there are not enough rangers to clear the abundance of trails we are blessed with here in the Northwest. There is a huge reliance on volunteers and there are many groups that contribute many hours to keep the trails open.

One of these volunteer groups is the Scorpions, part of the High Cascades Forest Volunteers. (highcascadesvolunteers.com) These are volunteers who have been clearing trails by working just about every Thursday for the last ten years. Just this spring, they have logged out Drift Creek, Tidbits, Olallie, Erma Bell, Black Creek and the Grasshopper/Chucksney Mt Loop. They

work in wilderness areas and non-wilderness areas cutting logs, repairing tread, clearing slides and any other work the trails require.

If you are interested in joining this group of fun, fabulous, friendly folks, contact Ron Robinson by sending an email to lescass12@earthlink.net And don't worry, they are very knowledgeable and great at training new recruits. You might even run into other Obsidians such as Rob Castleberry, Larry Dunlap, Keiko Bryant or Barbara 'Bub' Theus.

Check out this website to see photos and a video of the Scorpions at work:

www.envisionjournalism.com/archives/4522

Upcoming



Fall Color in the Cascades

October 8 (Thursday)

Leaders: Barbara & Paul Beard

Cost: \$48 (\$50 nonmembers)

Reservations/checks: Mary Lee Cheadle, 689-1085

ON OUR ANNUAL FALL COLOR TRIP this year we will explore the north fork of the Breitenbush River to its headwaters in the west Cascades, and the confluence with the Clackamas River. Our route will take us through Jefferson, Lyons, Detroit and to the headwaters. As we travel the mountain roads we will be looking for fall color and other interesting sights. Enjoy your sack lunch at Two Rivers Park, where the Collawash and Clackamas Rivers join. After lunch we tour the Timber Lake Job Corps and the Guard Station located about 10 miles north of the park. Continuing north along the Clackamas River to Estacada, we will then head southwest to Molalla and Woodburn. Our final stop

will be at Bauman's farm on Howell Prairie Road, where pumpkins, mums and other fall colors will be on display. This is always a favorite ice cream stop and there will be flowers, produce, bakery, and kitchen items to see. After snacking and shopping, we will head for I-5 and arrive at Shopko around 6:00 PM. Please remember to bring a sack lunch.

Christmas Party at the Lodge

Date: Dec 3 (Thursday) 2–4 PM

Desserts and entertainment

Contact: Liz Reanier 687-1925

Cost: \$1 (at the door)

Bus trip information is also available on the Obsidians home page: www.obsidians.org

Contact information at: bustrips@obsidians.org

Sharon Cutsforth, Bus Committee Chair, 746-4929



LOOKING FOR A FUN WAY TO SPEND TIME OUTDOORS THIS FALL? Want to help kids connect with nature? Then you should be a volunteer *Nearby Nature* guide!

Nearby Nature guides share the green heart of our community—Alton Baker Park—with small groups of K–5th graders on interactive nature walks throughout the fall. Using hands-on science, games and storytelling, guides introduce kids to the many wonders of nature—everything from beavers to butterflies, rocks to recycling.

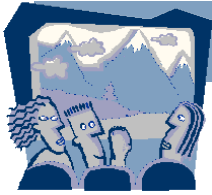
Walks are held on weekday mornings from late September through mid-November. No experience is necessary and guides come from all walks of life. Training is provided in September and covers everything from local natural history to the art of sharing nature with children.

To learn more about leading nature walks, as well as other *Nearby Nature* volunteer opportunities, please attend the group's Fall New Volunteer Orientation on Wednesday, September 16, from 6:30–8 PM at the Eugene Public Library (Singer Room). If you can't make this meeting, contact *Nearby Nature* soon to let them know you're interested.

For more information and a training schedule, call 687-9699

email info@nearbynature.org

At The Lodge



POTLUCK

Friday September 25 at 6:30 PM

Trekking in Ecuador and India: Two Trails plus Two Hikers

DO BUMPY ROADS, HIGH ELEVATIONS AND REMOTE LOCATIONS INTEREST YOU? Obsidians Randy Sinnott and Jorry Rolfe will be showing slides after the potluck on September 25 from their treks done in 2014 and 2015. Discover the realities of life on the move in two very different but spectacular places in South America and on the Indian subcontinent.



September Potluck

Friday, September 25, 2015

Social hour 6 PM, Potluck 6:30 PM, Program 7:30 PM
Obsidian Lodge

Bring your favorite potluck dish to share... along with plates, utensils and cups... plus \$1 to help cover club expenses.



ExploraTalk, Tuesday September 15 at 7 PM

Lewis and Clark's Winter in Oregon

LEWIS AND CLARK AND THE CORPS OF DISCOVERY are core components of the American Heroic Journey. Anyone who attended Tony Farque's presentation on Kalapuya and Molala cultures and his traveling museum in May 2014 will want to join us as Tony presents the *Lewis and Clark Expedition's Oregon Winter*. He will also discuss their return trip to St. Louis and what happened to the participants after the trip ended. What should they have learned from the Tribes? Who were the Chinuk? Whose canoe was that? Who shot Lewis? Can Sacajawea be buried in three places?

Many questions remain for discussion. Some possibilities and some answers will be provided, as well as another traveling museum of artifacts and period replicas on Tuesday, September 15 at 7:00 PM at the Lodge. Tony has been an archaeologist for the US Forest Service for more than 30 years, much of that time presenting extraordinary educational programs to the public.

Upcoming

SOLVE Beach Cleanup

DARKO SOJAK IS THE LEADER for the SOLVE Beach Cleanup scheduled Saturday, September 19. We will leave from the Eugene Target on West 11th at 8:15 AM for our section of the beach at Carl G. Washburne Memorial State Park, just north of Florence. The cleanup ends at 1 PM, leaving plenty of time to enjoy a day at the beach.

As SOLVE tries more and more to *Clean Green* we are asked to bring our own gloves, buckets and cloth or mesh bags that we can clean and reuse. However, they will provide bags for those who don't have their own. Also, bring a sieve for picking up tiny pieces of plastic and Styrofoam. At the 30th anniversary, March 2015 cleanup, Oregonians picked up 62,500 lbs. of trash. Sign up online.

Blood, Sweat and the Years Hike Monday, October 19, 2015 Leader: Lana Lindstrom

THIS IS A FEEL GOOD, IN-TOWN HIKE! First we'll sweat a bit—get our hearts pumping by walking approximately four miles in the south Eugene hills. The first stop will be at the Morse Family Farm on Crest Drive. Wayne Morse, a US senator who served from 1945 to 1968 has come to symbolize political integrity and service in America. He was also the dean of the UO Law School for 14 years. The 27-acre park features a historic house and is on the National Register of Historical Places. A docent will share stories about the Senator's life and his family.

Then we will walk another mile to the Lane Blood Center and tour the behind the scenes operations. Some blood facts:

- Every 33 minutes someone in Lane County needs a blood transfusion.
- One out of every 10 people entering a hospital will need blood.
- A car accident can use up to 50 units of blood.
- Many cancer patients need blood.
- There is no substitute for human blood.
- One donation can save the lives of up to three persons.

The Center services three hospitals, requiring them to collect *80 units of blood every day!* Hopefully, most folks on this hike will be willing to donate. You will need to present a valid ID and complete a health questionnaire. The actual blood donation takes only 8-10 minutes. And best of all, you'll be surrounded by supportive friends! Afterwards, we'll share snacks and then return to our vehicles.

Sign up online beginning September 29 and encourage your friends!

Obsidian Calendar

September

11 Fri	Indigo Lake Backpack	M Hovis	731-3412
11 Fri	North Umpqua River CarCamp	Metcalfe	521-7539
12 Sat	Mt. Thielsen Climb	Hansen	360-852-2041
12 Sat	Grizzly Peak Hike	D Cooper	868-5427
13 Sun	Yellowstone/Jackson Hole Bus	Cutsforth	746-4929
13 Sun	Rosary Lake Hike	M Hackett	953-7046
15 Tue	Lewis & Clark		ExploraTalk
19 Sat	Fuji Mountain Hike	D Wilken	343-3080
19 Sat	SOLVE Clean-up Hike	E Sojak	525-1124
19 Sat	Lorane to Drain Loop Bike	D Hegg	484-0619
19 Sat	Cowhorn Mt. Hike	D Sinnott	915-0234
20 Sun	Gwynn Creek/Cooks Ridge Hike	Sojak	525-1124
20 Sun	Eel Creek Hike	M Hackett	953-7046
20 Sun	South Sister Climb	Robertson	525-4734
23 Wed	Spencer Butte Hike	M Jacobsen	343-8030
25 Fri	Trekking In Ecuador and India		Potluck
26 Sat	Spencer Butte Trl Mnt	M Bell	503-884-8829
27 Sun	Pisgah Sunset/Moonrise Hike	Jacobsen	343-8030
27 Sun	Jefferson Park Hike	D Lipton	736-7498
30 Wed	Pisgah-Big Circle Hike	M	Colgan 485-2787
30 Wed	Spencer Butte Hike	M Jacobsen	343-8030

October

3 Sat	Detering Orchard Bike	M Esch	338-8280
3 Sat	Broken Top Climb	Harris	521-5807
3 Sat	Short Mountain Hike	E Hougardy	505-7031
4 Sun	Lost Coast Wilderness Backpack	D Hovis	731-3412
4 Sun	McKenzie Highlights Hike	M Miller	484-4586
4 Sun	Four-In-One Cone Hike	M Smith	357-5208
7 Wed	Spencer Butte Hike	M Jacobsen	343-8030
8 Thu	Fall Color Trip	Bus Beard	994-2337
9 Fri	Tahkenitch Dunes Hike	M Kelly	505-8886
10 Sat	Clear Lake Hike	E Ewing	344-9197
10 Sat	Mt. Ray/Betty Lake Hike	D Anselmo	285-7596
14 Wed	Spencer Butte Hike	M Jacobsen	343-8030
19 Mon	Blood, Sweat & Years Hike	E Lindstrom	683-1409
21 Wed	Spencer Butte Hike	M Jacobsen	343-8030
28 Wed	Spencer Butte Hike	M Jacobsen	343-8030
31 Sat	Spencer Butte Trl Mnt	M Bell	503-884-8829

November

28 Sat	Spencer Butte Trl Mnt	M Bell	503-884-8829
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December

3 Thu	Christmas Party	Reanier	687-1925
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September 2015



Photo of Cascade Lake (San Juans) by Pat Soussan