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Dates to Remember

| | |
|--------|-------------------|
| May 17 | Potluck |
| May 22 | ExploraTalk |
| June 1 | Bulletin deadline |
| June 5 | Board Meeting |

Complete current schedules at:
www.obsidians.org or
Register-Guard – Outdoors – Tuesday

Hike during the year's lowest tide— light brunch included!

JOIN BARBARA BEARD FOR A BEACH HIKE to view underwater sea life and plants that are normally submerged for most of the year. June 24 will be the lowest tide of the year—minus 2.1 ft. tide. The hike is about three miles round trip with some of the area over large beach rocks which are slippery, but easy. Wearing comfortable non-slip shoes or boots is advisable.



A brunch will be served by the Beards after the hike. Trip fees are \$3 for members and \$7 for non-members—brunch included; junior participants, \$2 each. Barbara recently retired as the dessert chef at the Inn at Spanish Head so just imagine the goodies! Sorry, **No Online Signups** for this trip. Limit of 25

people. Call Barbara Beard at 994-2337 for your reservation. The trip starts at 6:30 AM at the meeting place in Lincoln City. Participants are responsible for providing their own transportation to the meeting place. Participants may drive up very early, camp, or stay at one of the many motels in Lincoln City. Directions will be provided with your reservation.

Nominating Committee

THE OBSIDIAN NOMINATING COMMITTEE had their first meeting Monday, April 29 at the Lodge. The committee is in the process of selecting three candidates for election for three-year terms to the Obsidian Board of Directors, beginning January 2014.

The election will take place at the October annual meeting at the Lodge. For more information about the election process, see Article IV of the *Obsidian Constitution*, available in *Members Only* on the Obsidian website. If you have any comments, please contact one of the members of the committee: Joella Ewing, Lana Lindstrom, Janet Jacobsen, Tom Musselwhite, or Susan Wanser.

Ready For a New Adventure?

WOULD YOU LIKE TO TRY LEADING? We will be glad to meet with you over coffee and suggest how to get started. Contact summer-trips@obsidians.org and Tom Musselwhite, Janet Jacobsen, or Elle Weaver will set up a meeting at your convenience.

Monthly Leader Tips

- #1. Leaders announce to drivers to collect your mileage contribution AFTER you get back to town.
- #2. Before leaving the trailhead after your hike, be sure ALL cars start so no one is left stranded, especially in remote areas.

OBSIDIAN MEMBERSHIP REPORT

| | |
|-------------------|---------|
| Active Members | 429 |
| Associate Members | 19 |
| Honorary Members | 5 |
| Junior Members | 10 |
| Life Members | 16 |
| Total Members | 479 |

Welcome New Members

Bradshaw, Jake (Active),
2663 Moon Mountain Drive
Eugene, OR 97403
485-3631
jbrad5253@comcast.net

Glick, Ted (Active)
630 Startouch Drive
Eugene, OR 97405
968-8704
theoglick@gmail.com

THE OBSIDIANS NOW HAS A FACEBOOK PAGE
www.facebook.com/#!/theobsidians

OBSIDIANS, INC

P.O. Box 51510, Eugene, OR 97405
Website: www.obsidians.org

Board of Directors

Elle Weaver, President
Matt Bell, Vice President
Susan Wanser, Secretary
Stewart Hoeg, Treasurer
Sharon Cutsforth, Pat Esch, John Jacobsen,
Tom Musselwhite, & Nancy Whitfield

Board meetings are held at 6 PM the first Wednesday of each month, except October when it is the Wednesday after the Annual Meeting, and no meeting in August.

Committee Chairpersons

Byways By BusLiz Reanier
Climbs.....Brian Hamilton
Concessions.....Patty McAfee
Conservation/SciEdJoella Ewing
EntertainmentSusan Wanser
Extended Trips.....Chris Stockdale
Finance.....Stewart Hoeg
Librarian/Historian.... Lenore McManigal
Lodge Building..... Doug Nelson
Lodge GroundsJohn Jacobsen
Membership.....Elle Weaver
OnlineWayne Deeter
PublicationsNola Nelson
PublicityJorry Rolfe
SafetyPat Esch
Summer CampLana Lindstrom
Summer TripsTom Musselwhite
Trail MaintenanceMatt Bell
Winter TripsAnne Bonine

The **OBSIDIAN** *Bulletin*

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Published monthly, except August and December. Articles, story ideas, letters to the editor and other editorial submissions should be emailed to:

bulletin@obsidians.org

For reprint rights, contact:
The Obsidian Bulletin

P.O. Box 51510, Eugene, OR 97405

Deadline
for June 2013 Bulletin
Saturday, June 1, 2013

Assembly/Mailing Team

For April Bulletin

Assembly & Mail Manager - Lou Maenz
Assembly Team - Tom Adamczyk, Don Baldwin, Yuan Hopkins, John & Lenore McManigal, and Margaret Prentice

Editorial Team

Writing & Editorial Staff - Bea Fontana, Joanne Ledet, Nola Nelson, and Ethel Weltman
Copy Editors - Nola Nelson & Ethel Weltman
Graphics Design & Desktop Publishing - Stewart Hoeg

Backpacking—Enjoy hiking? Love camping?

Join us on some backpack trips

By Becky Lipton

EVEN THOUGH THERE ARE ONLY THREE BACKPACK TRIPS on the schedule this year, I am hoping to start a ritual of an annual article to generate interest in participating in and leading backpack trips. It has always seemed to me that backpacking gets lost on our long list of Summer Trips and never catches the attention it deserves.

Backpacking offers an opportunity to reach destinations that are unattainable in one day. Backpacking provides an opportunity to see how rich life can be with very few material possessions. It provides a sense of freedom and increased self-confidence from the success of each day. Backpacking provides an opportunity for your inner self to slow down and enjoy the moment—the changing sun on the mountains at dusk, the song of frogs and birds, the astonishing beauty of a meadow in bloom.

Bill Sullivan, author of numerous books on hiking in the Northwest says, “I like backpacking for the same reason I enjoy backcountry ski touring. You get to see the wilderness when no one else is there. Day hikers have an hour or two at their destination under a lunchtime sun. Only backpackers see sunsets, starlight, and sunrises that make for stupendous photos and memories.”

There are three backpack trips on the 2013 schedule:

May 3–5 Blacklock Point led by Scott Hovis, Moderate

Located just north of Port Orford, this location offers breathtaking beauty. Backpack in 2.5 miles Friday, and day hike 8 miles Saturday. Pack out Sunday. Base camp is close to the beach with dramatic cliffs, waterfalls, woods and pristine beaches.

August 2–4 Pine Lakes Backpack in the Willowa Moun-

tains led by Bill Sullivan, Difficult: 16 miles with 2,000 feet of elevation gain. Round-trip driving distance: 760 miles.

This is a joint trip with Obsidians and the Salem Chemeketas. We'll rendezvous at the Cornucopia Trailhead (see *100 Hikes in Eastern Oregon* for directions). The trailhead is about a nine-hour drive from Salem or Eugene, and designed to be just possible for a determined person to accomplish on a three-day weekend. After leaving a shuttle car at Cornucopia, we drive 12 miles to the Summit Point TH and backpack eight miles to the Pine Lakes. We'll camp there two nights. On Saturday, Bill's wife Janell will stay near camp to paint, and those who wish may join her. Meanwhile Bill will lead a group with day packs 5 miles by trail to Crater Lake, and another 1.5 miles cross-country in an attempt to scramble up 9,048-foot Krag Peak. On Sunday we'll backpack 7.4 miles down Pine Creek to our shuttle car. We should be out by 2 PM so people who have to be at work on Monday can drive home.

August 9–11 South Matthieu Lake led by Becky Lipton.

Enter the Three Sisters Wilderness area on this highly scenic adventure. Easy 3-mile backpack trip in to South Matthieu Lake early on Friday. Then several challenging and highly dramatic day hike options are available for Saturday and Sunday, including day hike to Collier Cone/Collier glacier or to Four-in-One Cones or to Opie Dildock pass. Easy backpack out on Sunday. This should be a real treat.

Leaders! If you can offer another backpack trip this summer, email your trip description and info to summer-trips@obsidians.org soon. That way participants have time to plan their own schedule before signing up!

Weird Hikes: A Collection of Bizarre, Funny, and Absolutely True Hiking Stories by Art Bernstein, 2nd edition, 2011

Reviewed by Velma Shirk

YOU MAY HAVE READ SOME OF BERNSTEIN'S NATURE AND HIKING GUIDES, such as *Hiking Oregon's Southern Cascades and Siskiyou's*. That book outlines all the facts you need to plan successful hikes—straightforward, no frills or nonsense.

What a difference in this book. *Weird Hikes*, partly a memoir, reveals the quirky side of Bernstein. He recounts hikes that challenged him mentally, physically and emotionally. On his first solo hike, age seven, he decided to

“control his own destiny” and he met “the real Santa Claus” after battling the Jabberwock. On other hikes he was rattlesnake bitten, broke his ankle, danced with Lemurians on Mt. Shasta, and had breakfast with a ghost. Of course Bernstein includes guides to the trail locations so that the reader can go there to enjoy his own experiences, weird or otherwise.

Note. Velma Shirk is a longtime member who has participated in more than 200 trips, including 17 climbs and 51 leads. She has donated a copy of the book to the club for members to enjoy.

Board Notes

By Susan Wanser

President Elle Weaver called the meeting to order. Other Board members present: Matt Bell, Sharon Cutsforth, Pat Esch, Stewart Hoeg, John Jacobsen, Tom Musselwhite, Susan Wanser, and Nancy Whitfield. Also present were: Anne Bonine, Wayne Deeter, Joella Ewing, Brian Hamilton, Janet Jacobsen, Lana Lindstrom, Patty MacAfee and Lenore McManigal.

The Board approved the minutes of the April 2013 meeting.

Treasurer's Report: Stewart Hoeg reviewed the Budget-vs-Actual Report and the Balance Sheet.

The Board approved payment of the bills.

COMMITTEE REPORTS

Summer Trips (Tom Musselwhite): Of the 94 summer trips on the schedule thus far, twenty trips were completed in April. Laurie Funkhouser has accepted the task of Schedule Coordinator. A Summer Trips Committee meeting was held on April 8. We continue to refine leader contact lists and recruit leaders. We plan to conduct another Leader Orientation in May.

Climbs (Sue Sullivan): The annual Basic Mountaineering class has been completed successfully thanks to the joint efforts of volunteers from the Obsidians and from Eugene Mountain Rescue. The climb schedule for the year is nearly complete and climbs are now on the schedule. Brian Hamilton is taking over as Climbs Chairperson now that Sue is living in Bend.

Trail Maintenance (Matthew Bell): There was one outing in April. We continued to work to improve and restore drainage channels on the Tie Trail. We worked with Christer LaBrecque to install a section of raised turnpike using peeler cores for the retaining wall and deadmen. Jim Pierce spent 2 hours removing Stinky Bob (Herb Robert) from along the trail. March Trail Maintenance participation: One outing in Spencer Butte Park with 13 participants and an estimated 39 hours worked. 2013 Trail Maintenance participation: four outings in Spencer Butte Park with 26 different participants working an estimated 150.5 hours.

Highways and Byways By Bus (Liz Reanier): Our April 18 More Food trip was a great success. The May 7 trip to Crystal Springs Rhododendron Gardens and The Grotto will definitely go.

Summer Camp (Lana Lindstrom): The Camp Rally was the program for the April 26 potluck. Both the Set-up and the Food Responsible Persons met during the month with the CEO to discuss preparations for Camp.

Extended Trips (Chris Stockdale): The Owyhee rafting trip has been cancelled due to low water. A substitute rafting trip will go down the John Day River with Barb Revere as the leader. The Spring Basin trip is a go. Two possible extended trips are being considered for September/October and more details will be available for the next report. In addition, interest has been expressed in another Crater Lake trip, and that will be added to the late winter schedule towards the end of 2013.

Conservation, Science, & Education (Joella Ewing): Sixty-four people attended the April ExploraTalk.

Publications (Nola Nelson): The April 2013 Obsidian Bulletin contained 14 pages and 250 copies were printed.

Entertainment (Susan Wanser): \$65 was collected at the April potluck. The next potluck will be on May 17 (a week early to avoid the Memorial Day weekend.)

Membership (Elle Weaver): Two membership applications were presented and approved.

Publicity (Jorry Rolfe): The Obsidians sponsored a booth at the Earth Day Celebration at EWEB Plaza on April 20. We estimated around 175 people dropped by. This event is a good venue for our club. It is helpful to have hikes on the schedule that we can recommend to nonmembers. We will be participating in the Ridgeline Celebration and National Trails Day on the first Saturday in June. There is space available on the Y Bulletin Board for flyers of upcoming events.

Concessions (Patty MacAfee): Concession items were sold at the April ExploraTalk, Earth Day Celebration, and Potluck.

Online (Wayne Deeter): There are now 548 photos in 69 albums in the photo gallery, up from 440 photos in 61 albums a month ago. Our Facebook page now has 186 *Likes*, an increase of 14 in the last month.

Library/Historian (Lenore McManigal): All of the trip reports from the April *Bulletin* have been recorded. New Activity sheets were also made for the new members.

Lodge Grounds (John Jacobsen): This month there was one work party on April 26. Jim Whitfield and John Jacobsen mowed the grounds and cleared the drives and parking areas.

Safety (Pat Esch): At our first 2013 meeting, five members of the Safety Committee met and discussed the First Aid Course, First Aid Kits, the Safety Manual, carpooling and Incident Reports.

Ad Hoc Construction (John Jacobsen): The construction committee sidetracked a bit this month to revisit the storage garage's site location and general profile configuration again. The location is staked with orange ribbons if anyone wants to see where we hope to place it. We are thinking that the profile of the storage garage will have a single slope roof line so that the storage garage profile matches that of the Lodge. A decision was made to do our own general contracting and to maximize the work done by volunteers.

OLD BUSINESS

The Board has requested that various Committee Chairs conduct an inventory of Obsidian equipment and/or supplies in order to determine what limits we need for insurance coverage. It is suspected that we will need to increase the coverage we carry in order to adequately protect our belongings.

OPEN DISCUSSION

The Obsidians received a positive note from Steven Remington thanking us for our participation in Earth Day.

There will be a neighborhood meeting regarding the Laurel Ridge PUD at the Lodge on May 9.

ANNOUNCEMENTS

The next Board meeting will be on June 5 at 6:00 PM.

Trip Reports & Other Activities



Hikes

Ridgeline Trail

March 23, 2013

Leader: Janet Jacobsen

Hike: 8 miles, 900 ft. (Moderate)

SEVEN OF US HEADED UP THE AMAZON HEADWATERS TRAIL at 9:05 to hike four miles to the summit of the West Ridgeline Trail, 1,280 ft.. We were back at the cars by 12:40. We enjoyed the hike so much that we double checked the mileage just to make sure it really was 8 miles. Members: Jane Bartell, Dan Christensen, Carl Hassman, Janet Jacobsen, Holger Krentz, Sandra Kwak, Patricia MacAfee.

Mt. Pisgah (Pleasant Hill Trail Head)

March 24, 2013

Leader: Joe Sanders

Photographer: Darko Sojak

Hike: 4 miles, 1,000 ft. (Moderate)

AFTER THE USUAL TURBULENCE of last minute sign ups and cancellations, a final count of 16 of us took on the backside of Mt. Pisgah, entering from the much less used trailhead on Ridgeline Road off RT 58. The hike was a loop designed to maximize panoramic views while keeping feet as mud free as possible, for this time of year. Loop began on Trail #2, bearing left onto #6, crossing over on the fire lane road. (R) back onto #2 (L) doglegging (L) briefly onto #1 to the summit, down and along #6, crossing over a lush grassy field to walk the final stretch on trail #3. Unlike the high traffic steep ascent on trail #1 from the Eugene side, our views were enjoyed while having the trails pretty much to



ourselves. Weather was acceptable, if not quite sparkling (no rain)—clear enough to enjoy the expansive views which garnered favorable comments. All participants were quite fit, marching tidily up the steeper sections of the ascent, with the aging leader slogging along at the rear! Participants commented favorably upon the relaxed commencement times: 9:40 AM (carpool meeting) with a 10:15 start (from Trailhead). Including a leisurely lunch break, we were back at the cars in about three hours. Members: May Fogg, Sharon Friedland, Anna Hougardy, Christiane Hougardy, Mark Hougardy, Anne Montgomery, Joe Sanders, Diane Schechter, Darko Sojak, Sam Tracer. Nonmembers: Morris Ostrofsky, Iustinian Popa, Karl Lockbaum, Ian Fuller, Kathleen Griffin, Pierce Griffin.

Amazon Headwaters/Ridgeline Trail

March 27, 2013

Leader: Janet Jacobsen

Hike: 6 miles, 1,000 ft. (Moderate)

WE MADE IT TO THE TOP OF SPENCER BUTTE in 1-1/2 hours and were back at the cars at 11:55 AM. We even had time to pick up litter and for Anna to shepherd slugs off the trail. Members: Julie Dorland, May Fogg, Anna Hougardy, Christiane Hougardy, Janet Jacobsen. Nonmembers: Lisa Grissell, Bill Watson.

Mt. Pisgah

March 29, 2013

Leader: Janet Jacobsen

Hike: 5.5 miles, 1,300 ft. (Moderate)

WE STARTED AT THE NORTH TRAILHEAD on Trail #3, up to Trail #1, up to the top. On the way down, we took the Oak Savanna Trail past the Pavilion. We returned to our car via the Theodore Trail to Trail #7. Trail #3 and its new reroute has much to offer with views and wildflowers. The morning hike took 2 1/2 hours. Members: Julie Dorland, May Fogg, Janet Jacobsen.

Amazon Headwaters/Ridgeline Trail

April 3, 2013

Leader: Christiane Hougardy

Hike: 6 miles, 1,300 ft. (Moderate)

IT WAS A BEAUTIFUL MORNING and it promised to be a sunny, warm spring day. We saw lots of trilliums, some calypso orchids (also known as the fairy slipper) and a few fawn lilies on our way toward the summit of Spencer Butte. We made it to the tree line in an hour and 15 minutes, turned around and arrived back at the cars shortly before noon. Members: Lisa Grissell, Christiane Hougardy, Janet Jacobsen, Jorry Rolfe.

Skinner Butte Eagles

April 8, 2013

Co-leaders: Margaret & Richard Essenberg

Hike: 1 miles, 200 ft. (Easy)

THE RAIN HELD OFF as nine members and nonmember Tommy Young, new resident of Eugene, walked up the Northside trail through birdsong, blooming trillium, and the bright green leaves of the spring flush. From the woods near the summit, we saw an adult eagle at the nest—perhaps standing beside an eaglet? There were two pink strips of food (salmon?) laid on the lip of the nest. We walked around the summit, then came down by way of the new trail that leads to the RiverPlay playground. Six of us then walked to McMenamin's North Bank for lunch. Three days later, Margaret and Richard saw an eaglet in the nest. Members: Rick Ahrens, Clara Emlen, Margaret Essenberg, Richard Essenberg, Dick Hildreth, Sandra Larsen, Helen Martz, Moshe Rapaport, Ginny Reich. Nonmembers: Tommy Young.

West Eugene Wetlands

April 13, 2013

Leader: Joella Ewing

Photographer: Darko Sojak

Hike: 4.6 miles, 0 ft. (Easy)

A SONGBIRD SYMPHONY GREETED US at Meadowlark Prai-



rie parking lot, across from Greenhill Animal Humane Society. This wasn't particularly a birding trip, but the birders among us reported seeing red winged blackbirds, spotted towhees, tree swallows, meadowlarks, killdeer, greater yellow legs, common yellow throat warblers, marsh wrens, song sparrows, blue herons, Canada geese, turkey vultures and ducks: mallards, shovelers, green-winged teals and ring necks. Nola's biggest excitement was when the yellow legs came in squawking and flapping for a landing. The three kids along especially liked the many woolly bear caterpillars that we all attempted to sidestep. Biggest danger was remembering to stay to the right to avoid being hit by the

many bikers sharing the paved path. The promised rain did not materialize and sunshine often broke through the overcast sky. Members: Roberta Chord, Julie Dorland, Autumn Edwards, Chyanne Edwards, Trenton Edwards, Joella Ewing, Karen Fenton, May Fogg, Carl Hassman, Nola Nelson, Brian Popowsky, Darko Sojak. Nonmembers: Carolyn Sojak, Cheryl Belleau, Claire Belleau, Bill Watson.

Finley Wildlife Refuge

April 14, 2013

Leader: Joe Sanders

Hike: 6 miles, 100 ft. (Easy)

ENVIRONMENTALLY, THIS TIME AT WILLIAM FINLEY was perhaps something less than ideal; those all-important migratory geese I was hoping we'd all be overwhelmed with—which prompted me to move up the trip from May to April—had already left the area anyway. And the weather was 'spritzy.' Fortunately, the more major shower descended as we were nearing the lunch spot with a dry front porch at the historic Feister House. But those huge open wetland fields dazzled green as always, and even though the resident birds were small and inconspicuous to the eye, they sang away at us from nearby trees at sections along the wide (always dry, but un-trafficked) graveled roads within the park. William Finley Reserve with its expansive open space remains a unique and totally different hiking environment than any other I've experienced in the greater Eugene area. Others in the group echoed these sentiments, as well. Members: Roberta Chord, Wayne Cleall, Don Colgan, Julie Dorland, Lisa Grissell, Janel Laidman, Beth Roy, Joe Sanders. Nonmembers: Ruthy Kanagy, Cheryl Belleau, Claire Belleau, Lindsey Belleau, Biagina Lazaroni.

Howard Buford Recreation Area

April 14, 2013

Leader & photographer: Jim Woodard

Hike: 8.2 miles, 2,149 ft. (Moderate)

FIVE OBSIDIANS DEPARTED THE WEST TRAILHEAD at 9 AM on a cool (41 degree) Sunday morning. With an 80% chance of rain, we expected a soggy trek. As it turned out, we had a beautiful spring day in the Willamette Valley with



only light intermittent rain offset by periods of warm sun. Among the wildflowers in early bloom that were known to us were camas, white fawn lily, monkey flower, Henderson's shooting star, baby blue eyes and iris tenax. There were many others that we were not able to identify. We stopped at the summit of Mt. Pisgah for a brief lunch and finished our trek at 1:30 PM, completing an 8.2-mile loop. Members: Jennifer Baer, Mari Baldwin, May Fogg, Holger Krentz, Jim Woodard.

Yachats to Waldport

April 16, 2013

Leader: Janet Jacobsen

Photographer: Holger Krentz

Hike: 7 miles, 0 ft. (Moderate)

WE LEFT AMAZON COMMUNITY CENTER at 7:47 and met up with the rest of the hikers at Target shortly after 8:00. Blue skies and sun greeted us when we started the hike at 10:30, an hour or so before low tide. Tillicum Beach Campground with great ocean views was our lunch spot at 11:45. We hated for the hike to end when we reached Gover-



nor Patterson State Park and our two shuttle cars around 2:00. Except for Big Creek, most of the stream crossings were easy jumps. A stop at AlphaBits for pie and ice cream gave us the energy to head back to Eugene with rain and clouds. Members: Charles Ashmore, Dan Christensen, Daniele Delaby, Yuan Hopkins, Janet Jacobsen, Ellen Johnson, Steven Johnson, Holger Krentz, Nancy Whitfield.

Amazon Headwaters/Ridgeline Trail

April 17, 2013

Leader: Janet Jacobsen

Hike: 6 miles, 1,300 ft. (Moderate)

WE HIKE TO THE TOP OF THE BUTTE, enjoyed a snack in the sun, and were back at the Martin Street Trailhead in 3 hours and 5 minutes. We even had time to enjoy the flowers: calypso orchids, fawn lilies, trillium, baby blue eyes, fairy bells, and grass widow. Members: May Fogg, Lisa Grissell, Christiane Hougardy, Janet Jacobsen, Lana Lindstrom. Non-members: Jake Bradshaw, Kathleen Griffin.



Trail Running

Mt. Pisgah

March 12, 2013

Leader: Dave Beardsley

Trail Run: 3 miles, 500 ft. (Moderate)

SIXTY DEGREES AND SUNNY ON MT PISGAH! We ran through the arboretum on the Buford trail and turned up the steep Powerline trail. We speed hiked this to trail 3 at the big cairn. We ran 3 to the saddle between the middle and north buttes. A quick run up to the two swings and back, then down to the parking lot on trail 17. We were a gang of three including a gutsy performance by trail running veteran Sheila Guilder, member Ken DenOuden and leader Dave Beardsley. Members: Dave Beardsley, Ken DenOuden. Non-members: Sheila Guilder.

Spencer Butte

March 19, 2013

Leader: Dave Beardsley

Trail Run: 3 miles, 500 ft. (Moderate)

WE STARTED BY SETTING UP A CAR SHUTTLE which allowed us to have a through run on the Ridgeline Trail between the northwest Willamette parking lot and the Fox Hollow parking lot. Ken and I dropped Sheila off at her car and we reversed the route back to the west trailhead. Members: Dave Beardsley, Ken DenOuden. Nonmembers: Sheila Guilder.



Bike Trips

Birding and Bike West Eugene Wetlands

April 2, 2013

Leader: Anne Montgomery

Bike: 14 miles, 50 ft. (Easy)

OUR MERRY LITTLE GROUP met under grey but dry skies with mild temperatures. We enjoyed a leisurely ride on the West Eugene Wetlands Bike Path. This early in the spring we saw only buttercups and Indian plum wild flowers in bloom. Our bird sightings included red-winged black birds, song sparrows, crows, starlings, robins, mal-

lards, Canada geese, kestrels, ring-necked pheasant, green-winged teals, pintails, shovelers, dunlin, greater yellowlegs, egrets, northern harriers, osprey, and turkey vultures. I don't know why more folks don't sign up for this trip as it is so much fun! Members: Marsha Barr, Patricia Esch, Lana Lindstrom, Anne Montgomery.

Long Tom Grange

April 12, 2013

Leader: Patricia Esch

Bike: 26 miles, 150 ft. (Moderate)

WE HAD CHILLY WEATHER because of a cold breeze, but no rain. Riding kept us warm. There was very little traffic on Ferguson Road and there were still some late daffodils. An occasional wild iris made a nice spot of alternate color, and three wild turkeys and one deer put in an appearance. The Long Tom Grange looked pretty quiet after the Daffodil Festival. I heard a rumor that they didn't have any cinnamon buns. Is that possible?! At the end of Ferguson Road, where it turns to gravel and crosses Ferguson Creek, we had lunch. We kept warm eating cookies I provided because it was my birthday, and by singing Happy Birthday with vigor. There was a little more traffic on the way back through the bucolic countryside. Members: Barbara Aten, Barbara Bruns, Patricia Esch, Don Kindt, Lana Lindstrom, Jim Pierce, Eric Swegles. Nonmembers: Mike Lee.



Trail Maintenance

SOLV Beach Cleanup-Washburn State Park

March 30, 2013

Leader: Joella Ewing Ass't: Tom Musselwhite

Photographer: Tom Musselwhite

Trail Maintenance: 4 miles, 0 ft. (Easy)

A PRISTINE, WARM, SUNNY, CLOUDLESS, BRIGHT, SHINY DAY ON THE BEACH. Sweaters off. Sunscreen on. Eight of us arrived early at Washburne Park to get ahead



of the crowd, but the beach, again this year, was amazingly clean. Oregonians are becoming good stewards. We all partially filled our bags with mostly plastic and styrofoam in all their forms, all injurious to birds and other sea life. Tom and Nancy garnered the most interesting find: a small tire on its wheel with Japanese insignia. Whether it was just a *Made in Japan* or it actually traveled the ocean currents, we'll never know. We all had a wonderful lunch at the Bridgewater in Florence Old Town. That restaurant never fails. No trip fees collected because this was a service project. Members: Joella Ewing, Tom Musselwhite, Guy Strahon, Judy Terry, Nancy Whitfield. Nonmembers: Cheryl Belleau, Claire Belleau, Lindsey Belleau.

Whale Watch Tour Boat

March 24, 2013

Leader: Joella Ewing

Water: 0 miles, 0 ft. (Easy)

BEAUTIFUL SUNNY DAY ON THE OCEAN, calm seas, good skipper and great participants. What could be better than that? Oh, and we actually saw whales! At least two spouted and breached. There may have been others blowing that we did not see breach. The two young women, sisters Lindsey and Claire, elected to stand in the bow and get thoroughly soaked time after time on the fast return trip to the dock. They'd come to the stern laughing, then back to the front for another shower. The drive up and down the coast from Florence to Newport was gorgeous and some people elected to do extra touristy/beachy things on the way home. Let's try it again next year to see if we can get three great weather days in a row. Members: Barbara Aten, Roberta Chord, Joella Ewing, Maria Munoz, Chris Shuraleff, Chris Stockdale. Nonmembers: Cheryl Belleau, Claire Belleau, Lindsey Belleau.



Bus Trips

More Food

April 18, 2013

Leader: Mary Ellen West

Photographer: Sharon Cutsforth

Bus Trip

APRIL 18 WAS A BEAUTIFUL DAY to visit nearby Willamette Valley food producers. Our first stop was Camas Country Mill near Junction City. The mill produces flours, grains and beans from crops grown on the Hunton Family Farm. Tom Hunton shared information about locally produced grains and started up the mill to demonstrate the grain to flour process. Fresh carrot muffins made from Cam-



as Country Mill flour added to the usual festive coffee break inside the mill.

On to OSU where Lisbeth Goddik, Food Science Department Professor, gave us a tour of the Arbuthnot Dairy Center where artisan cheeses are made. We were able to sample the OSU Beaver Classic cheeses which are sold from push carts at Beaver home games. We learned about the ongoing relationship of the Dairy Center with beginning and current Oregon cheese producers. Lisbeth took us to the nearby OSU brewhouse and winery, also part of the Food Science Department program.

Lunch was at the New Morning Bakery & Deli in downtown Corvallis. They have an amazing variety of soups, sal-

ads, sandwiches and baked goods.

Touring back roads gave us a chance to enjoy the beauty of a Willamette Valley spring. On our way to the Deck Family Farm, we stopped at Dari Mart in Junction City for Lochmead ice cream. Lochmead Dairy is operated by four generations of the Gibson family. A Lochmead Dairy employee came on the bus and gave an interesting talk on the Lochmead business history. Dari Mart stores are the major outlet for Lochmead dairy products, which are also sold in some other local grocery stores.

Our last stop was the Deck Family Farm west of Junction City. Owner John Deck gave us a very interesting tour of this large diversified organic farm. We learned about ways they rotate the animals around the fields to help with the fertilizing and working up the soil for future crops. John gave a very good presentation of organic farming practices. A special treat was seeing three families of newborn piglets and the very young Anatolian Shepherd puppies. The mother dog is trained to guard the 120+ farm chickens from predators.

Many of us enjoyed bringing home products from the various food producers. Members on this trip were: Ethel Allen, Bill Arthur, Barbara Beard, Paul Beard, Paula Beard, Mary Lee Cheadle, Sharon Cutsforth, Clara Emlen, Rose Mary Etter, Barbara Flanders, Dennis Flanders, Marge Hislop, Kess Hottle, Janet Jacobsen, Pat Jeffries, John McManigal, Lenore McManigal, Barbara Payne, Don Payne, Mary Ellen West. Nonmembers: Jean Blankenship, Jo Floyd, Barbara Hottle, Judy Phelps, Pat Peterson.

Obsidian's Celebrate Earth Day 2013

Publicity Committee

THE EARTH DAY CELEBRATION AT EWEB PLAZA was the optimum venue for our booth. Our displays included photos of our activities with an emphasis on our Ridgeline trail maintenance projects. We estimate that around 175 people dropped by to ask us about our club. Eight people signed up to be notified about our monthly TM projects. We even sold three whistles. Thanks to the volunteers who staffed the booth and answered questions: Darko Sojak, Mark, Chris and Anna Hougardy, Helen Martz, Dan Gilmore, Holger Krentz and Janet Jacobsen.

Another thanks to Darko and Carolyn Sojak who helped set up the booth. Darko was most patient with Carolyn and Janet who changed their minds about placements of the displays. Finally, Darko was able to tie and place the weights to keep the displays and the tent from blowing over in a sudden wind. It was a beautiful day to be down near the river.



Upcoming Activities

2013 Obsidian Bus Trip Schedule



Waterfalls of the North Umpqua

Tuesday, June 18, 2013

Leaders: Verna Kocken, Ray Jensen

Cost: Members, \$40; nonmembers, \$42

Checks & reservations: Mary Lee Cheadle 689-1085

WE WILL LEAVE THE SHOPKO PARKING LOT AT 8 AM, stopping for coffee and a break at a rest stop on I-5 South. Stops will include Glide's Whistler's Bend park, Colliding Rivers (North Umpqua and Little River), and Steamboat Inn. Bring a sack lunch. We plan to visit view points and waterfalls. There will be opportunities for some short hikes. Take layers of clothing, mosquito repellent, good shoes and possibly rain gear.

Southern Oregon Coast

Date: Tues. July 16

Leaders: Mary Ellen West, Rick Ahrens

Cost: \$48 (\$50 nonmembers)

Payment: Janet Speelman by July 10

NE Oregon, SE Washington Extended Trip

Date: Aug. 5-10 (Mon-Sat)

Leaders: Sharon Cutsforth, Don & Barbara Payne

Cost: \$730 (\$742 nonmembers)

Payment: Barbara Payne (\$150 due now, \$300 due May 15,

balance due July 1)

Ashland Shakespeare Theater & Crater Lake

Date: Sept. 10-11 (Tues-Wed)

Leader: Verna Kocken

Cost: \$190 (\$194 nonmembers) (limit 25 tickets)

Payment: Liz Reanier by Aug 7

End of Summer BBQ

Date: Tues, Sept. 24 (Tues)

Leaders: Barbara & Paul Beard

Cost: \$60 (\$62 nonmembers)

Payment: Barbara Payne by Sep. 10

Fall Color Trip

Date: Tues. Oct. 15

Leaders: Ray Jensen, Mary Ellen West

Cost: \$46 (\$48 nonmembers)

Payment: Mary Lee Cheadle by Sep. 20

Obsidian Lodge for the Holidays

Date: Tues. Dec. 10

Leader: Liz Reanier

Cost: \$5 (\$10 nonmembers)

Payment: Janet Speelman by Nov. 29

Women's Waldo Lake Canoe/Kayak

September 5-7, 2013

Leader: Pat Esch

Photographer: Lana Lindstrom

THIS YEAR WE'RE RETURNING TO WALDO LAKE, gasoline motor free, and irresistibly blue. What better place for boating and camping? Hiking and biking too, and, yes, potluck dinners.

We will camp two nights in the North Waldo Campground, sharing costs for non-reservable sites. Each participant will provide her own transportation, boat, camping gear, breakfasts, lunches, snacks and drinks. We will divide into two teams for the potluck dinners.

Limited to 15 with preference given to Obsidian members. Sign up online starting May 15.

Pre-trip is Monday, August 5 at 7 PM at the Lodge where we will discuss car pooling, camping, dinner teams, etc.



Pat Esch on last year's women's kayak trip.

Summer Camp—Weaverville, CA

THE NEAREST TOWN TO SUMMER CAMP IS WEAVERVILLE, CA, 14 MILES TO THE SOUTH. This former Gold Rush town, population 3,600, was voted as the third most *Cooldest Small Town in America* by Arthur Frommer's *Budget Travel Magazine* (October, 2012 issue). Yes, there's a saloon and historic hotel, as well as delicious smoothies, coffee, and wi-fi at Mama Llama Café. And an art gallery, antique shops, and the Trinity County Museum. If you like golfing, check out Trinity Alps golf course. Wineries—there are four of them in Weaverville. There is also a 138-year-old working Chinese temple—the Joss House State Historic Park.

Obsidian bus participants have stayed in/around Weaverville on several trips. An excerpt from the Ethel Allen's October, 2001 bus trip report follows.

(Note: The recommended route to Camp is via CA Route 3 from Yreka to Fawn Group Campground.)

Day #3. A time in early am to walk about the historic district of Weaverville. Refreshments were available in the city park during the morning hours. The museum and Joss House were of special interest; a state park ranger is narrator and guide. We enjoyed hearing about the unusual culture and doctrine of the Chinese. We started the tour of Hwy. 3 at 11:20 am [heading north] and stopped to observe the historic site of a battle between two Chinese factions during the 1850s. Continuing on through this beautiful country, we stopped to appreciate the Old

Bowerman Barn, located near Trinity Center. Hand-built in 1878 by Jacob & John Bowerman, one can't help but marvel at the skill and ingenuity to build such a solid structure without the benefit of modern tools. Next to Carrville Inn, which was another stage coach hotel and now is a bed and breakfast inn, we were greeted and treated like royalty. They provided a place for us to have a sack lunch on their outdoor barbecue pad. We toured the hotel and heard the story of its history, also invited to walk about the 27 acres, see the farm animals, including two emus and a pot-belly pig, pick fruit from the orchard and enjoy the massive swing in the beautifully groomed yard. We said our goodbyes and continued traveling the stage coach road over Scott Mountain. Our driver, John Goddard, was superb. He executed switch-back curves with perfect maneuverability. One must experience such a road to appreciate it. Our next stop was Etna and the Scott Valley Pharmacy where owner Don Murphy greeted us with ice cream treats from the old fashioned ice cream counter. He then told us the history of Etna and showed some of his gold nuggets which are kept in his antique bank vault. We continued the drive through beautiful Scott Valley, arriving in Yreka to the AmeriHost Inn.



AT THE LODGE



POTLUCK

Friday, May 17 at 6:30 PM

Thoughts from the Open Road - Astoria, Oregon to Bar Harbor, Maine by Bicycle

ON JUNE 15, 2012 MEMBERS LYN GILMAN-GARRICK AND ART SATHER, AND FRIEND PAULA ERICKSON, pedaled their bicycles east out of Fort Stevens State Park near Astoria, Oregon. Ninety days and 4,667 miles later they arrived in Bar Harbor, Maine. Their route wound through 13 states and one province, along the Columbia Gorge, over the Rockies, across the Great Plains, around Niagara Falls and over the Appalachians. They were supported along the way by Paula's husband, Curtis Erickson, who drove the sag wagon, and their two co-pilots, Shadow and Sasha, miniature schnauzers.

On Friday, May 17, Lyn will talk about the highs and lows of their trip, literally and figuratively, and show slides of scenes along the way. Art and Paula will be there to lend their insight and share their experiences. Hopefully, you'll find the answers to these burning questions: Which state has the best roads and which the worst traffic? How many passes do you have to climb to cross the Rockies? What the heck are *Martian Nuts*? Can you really eat all the caramel rolls and root beer floats in the world and still lose weight? And, last but not least, can you spend 24 hours a day together for 90 days and still be friends?



May Potluck

Friday, May 17, 2013

Social hour, 6 PM Potluck, 6:30 PM Program, 7:30 PM
Obsidian Lodge

*Bring your favorite potluck dish to share...along with plates,
utensils and cups...
plus \$1 to help cover club expenses.*



ExploraTalk:

Wednesday May 22 at 7 PM

What About Earth First?

WHAT ARE YOUR THOUGHTS ABOUT EARTH FIRST!? Are they good guys, bad guys, bad guys turned good guys? Here's your chance to learn more and express your views at the Wednesday, May 22, ExploraTalk at the Lodge at 7 PM. (Note the change to Wednesday due to scheduling conflict.) There will be popcorn.

Obsidian Rob Castleberry will show the film *Who Bombed Judi Bari?*, a gripping true story of forest activism that plays like a colorful Hollywood action and trial drama. Judi Bari, an eloquent visionary and brilliant organizer, had mobilized an impressive coalition of timber workers and environmentalists to oppose accelerating corporate logging of redwood forest in northern California, bringing nationwide attention to the issue. On May 24, 1990, a nail-wrapped pipe bomb exploded beneath Judi's car seat as she and partner Darryl Cherney were driving through Oakland,

seriously injuring Judi. Police charged them with transporting explosives, despite abundant evidence to the contrary. The legal battle to fully exonerate them would take many years. The cause they worked for would ultimately be successful, bringing tens of thousands of acres of old-growth redwoods under protection. We'll look forward to discussion after the film.

Rob Castleberry's first hikes in the Cascades were in the mid-1980s when he and his wife Joyce sought out old-growth areas at a time of unprecedented logging and proliferating clear cuts. A member of the Obsidians since 2003, Rob has been a supporter of Oregon Wild and Cascadia Wildlands Project. Since its beginning seven years ago, he has been active with the High Cascade Forest Volunteers, maintaining and building trails on nearby National Forest land.

Carrot Apple Muffins: Recipe from Camas Country Mill Bus Trip

A BASKET OF CARROT MUFFINS greeted Obsidian bus riders at their first stop, the Camas Country Mill. It was difficult not to sample a second! The recipe is on their website, camascountrymill.com. They were a big hit at the April Trail Maintenance project. Janet Jacobsen

Carrot Apple Muffins

We have found this muffin recipe to be extremely popular with kids—easy to mix and quick to bake. We often serve these during mill tours.

Ingredients

- 2 or 3 raw carrots (enough to make 2 cups, grated)
- 1 large apple
- 2 cups Camas Country Mill Hard White Spring Wheat Flour
- 3/4 cup sugar
- 3/4 teaspoon baking soda
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon cinnamon
- 3 eggs
- 3/4 cup vegetable oil
- 1/2 teaspoon fresh ginger
- 1 teaspoon vanilla

Instructions

Preheat oven to 350 degrees, and grease a muffin tin or insert paper liners. Peel the carrots and apples and grate into the same bowl; set aside. In a separate large bowl, whisk together the flour, sugar, baking soda, baking powder, salt, and cinnamon; set aside. In another bowl, whisk the eggs, oil, ginger and vanilla together. Fold wet ingredients into the dry ingredients. Divide batter evenly between muffin cups and bake for 20-25 minutes or until a toothpick inserted comes out clean. Remove from oven and cool on a wire rack.

Sampling of Available Concession Items



Obsidian Calendar

May

| | | |
|--------|---|-------------------|
| 12 Sun | Yachats to Waldport Hike M Jacobsen..... | 343-8030 |
| 12 Sun | Mt. St. Helens Climb D Hansen..... | 360-852-2041 |
| 15 Wed | Amazon/Spencer Butte Hike M..... | Jacobsen 343-8030 |
| 15 Wed | Mt. Pisgah Trail Run M Beardsley | 357-0630 |
| 17 Fri | Spring Basin Ext Trp M..... | Jacobsen 343-8030 |
| 17 Fri | Astoria to Bar Harbor by Bike | Potluck |
| 19 Sun | Eula Ridge Hike D Hansen..... | 360-852-2041 |
| 22 Wed | What About Earth First?..... | ExploraTalk |
| 22 Wed | Ridgeline Trail Trail Run M Beardsley | 357-0630 |
| 24 Fri | Mt. Pisgah Sunset/Moonrise Hike Jacobsen | 343-8030 |
| 29 Wed | Spencer Butte Trail Maintenance M Bell | 503-884-8829 |
| 29 Wed | Mt. Pisgah Trail Run M Beardsley | 357-0630 |

June

| | | |
|--------|---|--------------|
| 1 Sat | Ridgeline Celebration Hike M Bell | 503-884-8829 |
| 1 Sat | Dog Mountain Hike D Lipton | 736-7498 |
| 1 Sat | South Sister - Climb/Ski Climb D Sullivan | 342-6546 |
| 7 Fri | Parvin Covered Bridge Bike M Esch | 338-8280 |
| 8 Sat | Heceta Head Lighthouse Hike M Soussan | 345-3046 |
| 8 Sat | Chi Gong & Meditation Hike Hike E Lipton | 736-7498 |
| 8 Sat | Mt. Thielsen, Graduation climb Climb Sullivan | 342-6546 |
| 8 Sat | McKenzie River Trail Hike M Morris..... | 726-7474 |
| 9 Sun | Craig Lake Hike D Whitfield | 937-2364 |
| 15 Sat | South Sister, Prouty Glacier Climb Deeter | 954-0924 |
| 16 Sun | Crescent Mountain Hike M Woodard | 913-8565 |
| 18 Tue | Northern Umpqua Waterfalls Bus Kocken..... | 736-5180 |
| 18 Tue | Hiking Astronomy | ExploraTalk |
| 20 Thu | Scio Covered Bridges Bike D Hughes..... | 683-1409 |
| 21 Fri | Mt. Pisgah Summer Solstice Hike M Jacobsen | 343-8030 |
| 22 Sat | Crabtree Valley Hike M Sojak..... | 525-1124 |
| 26 Wed | Spencer Butte Trail Maintenance M Bell | 503-884-8829 |
| 28 Fri | A Trip to Patagonia - Lana Lindstrom..... | Potluck |
| 28 Fri | Macduff Mountain Hike D Jacobsen | 343-8030 |
| 29 Sat | Boulder Creek Hike M Sinnott..... | 915-0234 |
| 29 Sat | Iron Mountain Hike M Lipton | 736-7498 |
| 29 Sat | Yoran Lake Hike M Funkhouser | 206-2303 |
| 30 Sun | Goodman Cr to Eagles Rest Hike M Terry | 345-0720 |

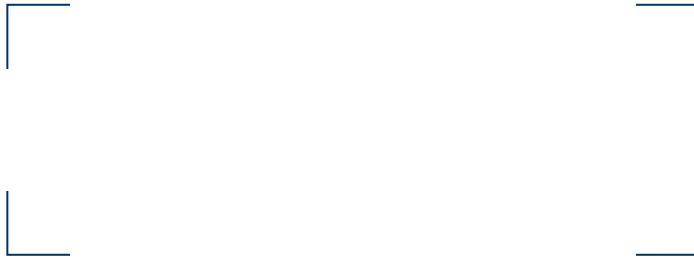
July

| | | |
|--------|--|--------------|
| 6 Jul | Mt. Washington, Graduation Climb Deeter | 954-0924 |
| 8 Jul | Trinity Alps SmCmp Lindstrom | 683-1409 |
| 12 Jul | Iron Mountain Hike M Camp..... | 221-1866 |
| 13 Jul | Middle Pyramid Hike M Adkins | 344-4163 |
| 13 Jul | Glacier Peak Climb Deeter..... | 954-0924 |
| 16 Jul | The South Coast Bus West..... | 343-5492 |
| 20 Jul | Olallie Mountain Hike M Terry..... | 345-0720 |
| 20 Jul | Tidbits Mountain Hike M Whitfield..... | 937-2364 |
| 20 Jul | Mt. Adams - Mazama Glacier Climb Sullivan | 342-6546 |
| 22 Jul | Mt. Pisgah Full Moon/Sunset Hike M..... | TBA |
| 27 Jul | Duffy Lake Hike M Strahon | 689-0753 |
| 27 Jul | North Sister Climb Deeter..... | 954-0924 |
| 27 Jul | Canyon Creek Meadows Hike M Funkhouser . | 206-2303 |
| 28 Jul | Goodman Cr to Eagles Rest Hike D Colgan.... | 485-2787 |
| 31 Jul | Spencer Butte Trail Maintenance M Bell .. | 503-884-8829 |



Beach near Yachats—Photo by Holger Krentz (See trip description on page 7)

May 2013



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